

Active Ageing Walks 2011

All walks to begin 10.30am Tuesdays with a charge of £3.00 per person

19 April	<p>Taste of Newcastle Start at Grey's Monument Finish on Quayside A look at the history and culture of Newcastle, from the grand Regency developments, through Medieval streets to Norman and Roman times</p>
26 April	<p>A Walk to Blackfriars Start Grey's Monument finish Blackfriars Follow the line of the old medieval town wall to one of the oldest buildings in Newcastle and explore this 13th century friary</p>
3 May	<p>Arty Facts Start at Grey's Monument Finish at Central Square A walk to discover Newcastle's artworks, mostly new, some towering over your head, others under your feet.</p>
10 May	<p>Dark Tales of Newcastle Start Monument finish Quayside Hear about some of the dark and murky goings on in Newcastle's past</p>
17 May	<p>Ouseburn Valley Meet and finish at the Ship Inn, bottom of Stepney Bank A kaleidoscope of old and new, with bridges towering above and a tunnel beneath. Today the old industrial buildings are being reborn as art studios, music venues and the like.</p>
24 May	<p>Time Gentlemen Please Start Grey's Monument, finish Crown Posada Drink has been an important part of life in Newcastle since earliest times – take a look at some of the popular watering holes of the city.</p>
31 May	<p>Newcastle Commemorative Plaques Start Barras Bridge, beside Great North Museum. Finish Quayside From St Thomas Church to the site of St Thomas Chapel, this walk seeks out a variety of commemorative plaques and looks at the people and places they commemorate.</p>
7 June	<p>A Good Night Out Start at Grey's Monument, finish Newgate Street At sometime we have all enjoyed a good night out, but what was it like in 1960 or even 1900? This walk builds on "Greasepaint and Celluloid".</p>
14 June	<p>Dickensian Newcastle Start Royal Station Hotel, finish Guildhall What did Charles Dickens think of Newcastle? Find out on the literary tour.</p>
21 June	<p>From Roman Wall to Byker Wall Start Byker Metro, finish Byker Bank From a section of Roman Wall, wander down Shields Road with its shops and remnants of old Byker to the 1970s Byker estate.</p>
28 June	<p>Hauntings in the Heart of the City Meet Castle Keep. Finish Lit and Phil Explore medieval Newcastle and visit the most haunted sites</p>

5 July	<p>Newcastle Justice Trail Start Market Street Police Station. Finish Quayside Looking at crime and punishment in Newcastle through the ages.</p>
12 July	<p>The Co-op Trail Start at Blandford House (Discovery Museum) finish at Bath Lane Can you remember your 'divvy' number at the Co-op? Take a trip down memory lane with this fascinating tour.</p>
19 July	<p>Market Day Start Castle Keep – finish Grainger Market Where everyone shopped for their basic provisions, take a look at the old markets of the city.</p>
26 July	<p>Newcastle Port Start Guildhall, finish Ouseburn A meander down the riverside looking at how the Quayside has changed over the centuries.</p>
2 August	<p>Greasepaint and Celluloid Start Grey's Monument, finish Westgate Road How did Newcastle people have fun? Take a look at some of the cinemas and theatres in the centre of town.</p>
9 August	<p>Wesleyan Newcastle Start at Grey's Monument, finish Wesley Square What did John Wesley think of Newcastle? Find out on this fascinating tour.</p>
16 August	<p>Gateshead Commemorative Plaques, and a Herd of Goats Start at St Joseph's Church opposite Gateshead Metro Station. Finish Pipewellgate A downhill stroll looking at some of the personalities and events that make Gateshead unique.</p>
23 August	<p>Castle and Cathedral Meet outside St Nicholas Cathedral Finish at Castle Keep Look at two of the most historical buildings in Newcastle</p>

How to Book: To reserve a place on any of these walks please ring
Newcastle's Tourist Information Line on 0191 277 8003
or drop into their Market Street branch.