

## 2nd November 2018

### News

Would you like free InformationNOW training? Please respond to our poll

Our health and antibiotics

Passenger Assist smartphone app trial

Financial capability week

Exploring advocacy approaches to health inequalities

Newcastle CVS is changing

### Research & Reports

CQC State of Care Report 2017/18

New narrative on ageing

### Opportunities for Action

Armistice day

Council Ward funding

Interested in a job in home care?

Homebuying and relocation for people aged 50 and over

### Resources

Dementia and the arts online course

### New events on InformationNOW this week!

---

## NEWS

### **Free InformationNOW Training - Please respond to our poll**

Would your organisation like a briefing from us on how to get the best out of

## InformationNOW?

We're looking into new ways to share our information and wanted to find out who would be interested in joining us for a free briefing session via Skype?.

Before we start to plan a short session, we wanted to see how many people would be interested in giving it a go. So, please let us know if you are interested on our poll below or email us directly.

POLL: Would you like to join us for free online training on how to get the most out of InformationNOW?

Yes

No

You can also watch our video on How to get the most out of InformationNOW here.

---

## Our health and antibiotics

Public Health England's most recent campaign is to raise awareness of the right time to take antibiotics. The focus of this campaign is on tackling our lack of understanding and thereby reducing patient pressure for antibiotics. For instance, antibiotics are used for infections such as sepsis and urinary tract infections. They are not helpful for colds, coughs and sore throats. The inappropriate use of antibiotics drives antibiotic resistance and means antibiotics may become less likely to work in the future. This puts our family and public health at risk. Please listen to the advice of your GP, Dentist, Nurse and Pharmacist.

---

## Passenger Assist smartphone app trial

A new smartphone app to help disabled people get assistance when travelling by train is being tried out on four rail services.

Disabled people using the West Midlands, London Northwestern, Greater Anglia and South Western railway services are testing the Passenger Assist app. Developer Transreport hopes a final version will be available nationwide by next Autumn. [Read more on BBC News.](#)

View our Information NOW article on [digital equipment](#).

---

## **12th to 18th November - Encouraging people to talk about money.**

[Money](#) is often a taboo subject. It doesn't make for polite conversation. But the more secrets we keep, the harder it is to ask for help or realise if you're struggling with your finances.

With financial capability week coming up, we want to let you know about some helpful information that could open up that much needed conversation

Here are our handy links to InformationNOW articles:

- [your finances](#): when you're thinking about how to spend or save your money financial advice is really important. Here's more information on where to find advice and what advice will suit your needs best.
  - [managing your money](#): how to budget to manage your money well, to avoid getting into debt and to save some money for the future.
  - [dealing with debt](#): help is available to manage debt if you need it. This article covers everything from planning your finances, financial help, utility debt and illegal lending.
- 

## **Exploring advocacy approaches to health inequalities**

Jacqui Jobson, Director of [Advocacy Centre North](#), a part of Newcastle CVS, has produced a new [research report](#) for the Winston Churchill Memorial Trust. The report focuses on LGBTQ mental health inequalities and takes inspiration from services in Australia and Canada to make recommendations here in the UK.

Congratulations to Advocacy North for their recent award.

---

## **Newcastle CVS is changing**

[Newcastle CVS](#) has been successful in securing the infrastructure support contracts for Newcastle and Gateshead for the next three years. This means that they can continue to support voluntary and community organisations in both areas and seek to meet the many needs of the sector. The new contracts require a focus on direct support to smaller organisations around funding and governance. They will develop networks, training and different ways of working to help make organisations become

more resilient and sustainable. They will continue to offer representation and advocacy for voluntary and community organisations and reflect this sector back to local public sector partners. However, there has been a restructure. More information is available.

---

## RESEARCH & REPORTS

### CQC State of Care Report 2017/18

State of Care is the [Care Quality Commission's \(CQC\)](#) annual assessment of health and social care in England. The report looks at the trends, shares examples of good and outstanding care, and highlights where care needs to improve.

This year's report finds that most people in England receive a good quality of care. Our ratings show that quality overall has been largely maintained from last year, and in some cases improved, despite the continuing challenges that providers face. [Read more and view the interactive map here.](#)

---

### New narrative on ageing

EngAgeNet has launched a revised and updated 'New Narrative on Ageing' which aims to provide a template for a more positive view of ageing. EngAgeNet want to dispel myths about the negative impact of older people in society and offer a balanced view of their contribution in family, economic and wider society terms, including continuing employment and volunteering.

---

## OPPORTUNITIES FOR ACTION

### Armistice day

The 11th November 2018 offers the opportunity for us to say thank you to those who participated in or lost their lives in the First World War.

The Armistice was the ceasefire that ended hostilities between the Allies and Germany on the 11th of November 1918. The Armistice did not end the First World

War itself, but it was the agreement which stopped the fighting on the Western Front while the terms of the permanent peace were discussed.

What's on:

- A traditional remembrance service, led by the Bishop of Newcastle, will be held on the morning of Sunday 11 November at the war memorial in old Eldon Square, along with a parade of serving, veteran and cadet and support services. A feature of knitted and crocheted poppies will be on display.
  - Around 1200 beacons will be lit as part of 'Battle's Over'. Some events are run by the National Trust. Find out what is happening locally to you.
  - [Pages of the Sea](#). Filmmaker Danny Boyle invited communities around the UK to gather on beaches, on the 100th anniversary of Armistice, to say thank you and goodbye. Roker Beach, Sunderland, 12 noon until 3 pm.
- 

## Council Ward Funding

Each Newcastle ward committee has a small amount of funding available for community based projects each year. The deadline for this funding is 1 December 2018 and applications are now open. Please try to ensure you submit your application at least 28 days before the funding is required, to allow time for your application to be processed and considered.

If you would like to find out more information on priorities for your area, or would like to apply, please visit Newcastle City Council website for more details.

---

## Interested in a job in home care? 13 November, 10.00 am to 3.00 pm at Newcastle Civic Centre

Why not take this opportunity to find out more about the work and reward of working in home care services?. As well as providing personal assistance to people, you will be supporting their independence and quality of life. This is a drop-in event, no need to book ahead. Read more about the home care agencies and role.

---

## RESOURCES

## The People's Budget Simulator

The Council has launched the People's Budget Simulator once again, where you can take on the role of a councillor and help decide where to make cuts whilst setting a balanced budget. Next year, they have £20 million of cuts to make - part of a three-year plan to save £60 million. Councillors want to hear how you would make those cuts, using the new and improved online tool.

The budget simulator allows people to see how every reduction has a potential impact on the delivery of services. This is reinforced with breaking news headlines to try and hit home the real-life impact of cuts. The simulator also pools together department budgets to produce 'The People's Budget' to give an overview of all those who took part.

Why not have a go yourself and submit your own budget? Visit [Let's Talk Newcastle People's Budget](#).

---

## Homebuying and relocation for people aged 50 and over

In this study Newcastle University are exploring the housing preferences of homebuyers aged 50 and over.

Questions will include: what kind of property you are seeking and the importance of different features in their property search. It will ask you to make hypothetical choices between housing with different features and at different relative prices. [Find out more from VOICE](#).

Read our InformationNOW articles on [housing for older people](#) article and the value of [volunteering](#) for research.

---

## Dementia and the Arts online course: sharing practice, developing understanding and enhancing lives. Course start date: 19 November 2018

Explore, challenge and shape your perceptions of dementias through science and the creative arts by undertaking a course with [FutureLearn](#). Learn what we can all do to improve the quality of life and care for people living with different dementias.

This is a free course and the estimated learning time is approximately 2 hours per

week across 4 weeks, at your own pace. [Sign up](#) for free, or choose the paid upgrade to gain 8 CPD points recognised by the Royal Society of Public Health (RSPH).

Find out more about [dementia](#).

---

## **NEW EVENTS ON INFORMATION NOW**

### **Newcastle Thyroid Support Group, Saturday 3 November, 10.30 - 12.30 pm, Brunswick Methodist Church, Room 2, NE1 7BJ (behind Fenwicks)**

Do you want to influence the treatment protocols for thyroid conditions? This [support group](#) meets several times a year and offers support and advice to each other and family members. They also want to change treatment protocols so that more people get access to more effective treatments.

Information NOW has an article on [thyroid problems](#)

---

## **Christmas events**

There will be quite a few events across Newcastle in the run up to Christmas. Please contact InformationNOW if you'd like us to include your event on our website.

Keep an eye out for what's on, by searching our [Christmas category](#) on InformationNOW.

### **Salvation Army Christmas Fayre, Saturday 10 Nov 2018, 1:00 pm - 3:30 pm at Brunswick Methodist Church**

The Salvation Army has been quick off the mark to promote their event. The event includes: food, music and crafts that you can buy as gifts.

### **Living North Christmas Fair**

The popular Living North [event](#) returns this weekend to Newcastle Kingston Park Stadium. There are over 250 handpicked exhibitors from across the North East. The fair runs from 1 November to 4 November; Tickets cost £8 per person. Their charity this year is: My Name's Doddie, raising money to support those with Motor Neurone Disease.

---

## **Fun, games and socialising, 10.15 to 11.45 am on Wednesdays until 21 November, Church of the Holy Name, Jesmond**

Organised by [Jesmond Dementia Action Alliance](#) in conjunction with [Rookie Sports](#), these events include golf games, curling, throwing and target games. All games are accessible to everyone, can be enjoyed regardless of mobility or memory levels and can be played whilst seated, if people are unable to stand. Sessions are free and transport can be made available for those who need it. For further information please [email](#): or contact Bobbie Harding tel 0191 281 6950.

- [Support Groups](#)

### Self Care and disability

- [The Salvation Army](#)
- [GrandCare](#)
- [FoodCycle Walker](#)
- [Anchor Homes](#)
- [The Millin Charity](#)

Last updated: April 30, 2021

---

## **Recent Newsletters:**

### Friday 22nd March 2024 InfoNOW News

InformationNOW Did you know you can get directions to an organisation with one click from an organisations page? Did you know you can change the website into over 100 languages? Did you know you can find informa...

### InfoNOW News Wednesday 6th March 2024

InformationNOW Updated User dashboard When you log into your dashboard as an organisation, you will now see a message 'Please send us your events using this from'. Clicking on the 'this form'...