

Living abroad and your benefits

If you are considering moving abroad, it will be important to know about how this may affect any benefits you are receiving, and about the benefits you are entitled to receive while you are living abroad.

Am I eligible for benefits if I live abroad?

Your benefits depend upon your circumstances.

To find out which benefits are affected, who can get them and what to do next, visit www.gov.uk.

What benefits may I receive if I live abroad?

[Age UK](#) has further information about claiming benefits when moving abroad.

What benefits may I receive if I am moving back to the UK?

[Gov UK](#) has further information on moving back to the UK. For more information please visit www.gov.uk

Where can I get benefits advice?

It can be useful to speak with someone about the benefits you may be entitled to and how they may impact upon your other benefits. A local independent advice service can help guide you through the process such as;

- [Citizens Advice Newcastle](#) – provide advice to anyone in Newcastle
- [Newcastle Welfare Rights Service](#) – provide advice to people in priority groups including those over 65. They have [self help material](#) on their website.

There are more benefit advice services available across Newcastle. Visit 'Where to get benefit advice' here www.newcastle.gov.uk

Other Useful Information

- [Money Advice Service](#) provides online information on the full range of benefits that you may be entitled to. This also includes where to find more help and advice.

- **Payment Exception Service** was introduced as cheques are no longer used to pay state benefits and Pension credit. Information Now has more details on the service available to those unable to use bank accounts.
- **Independent Age** have a factsheet which explains how moving abroad could affect your pension and entitlement to benefits and health care, and what action you can take.

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Useful Organisations

Citizens Advice Newcastle (CAN)

Email: citycab@newcastlecab.org.uk

Website: <http://citizensadvice-newcastle.org.uk/>

Telephone: 0191 229 2750

Address: 4th Floor, City Library, NE1 8AX

Newcastle Welfare Rights Service

Email: welfare.rights@newcastle.gov.uk

Website: www.newcastle.gov.uk/welfarerights

Telephone: 0191 277 2627

Independent Age

Email: charity@independentage.org.uk

Website: <https://www.independentage.org/>

Telephone: 0191 731 4000

Address: The Grainger Suite, Dobson House, NE3 3PF

Money Advice Service

Email: enquiries@maps.org.uk

Website: www.moneyadviceservice.org.uk

Telephone: 0191 731 4000

Address: Holborn Centre, EC1N 2TD

Age UK England

Email: contact@ageuk.org.uk

Website: www.ageuk.org.uk

Telephone: 0191 731 4000

Address: Tavis House, WC1H 9NA

Related Articles

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