

## Food banks and free emergency food in Newcastle

If you are struggling to afford to eat, food banks or charities may be able to help. There are a number of places that give free, cheap or voucher food to those who need it most in Newcastle.

### What is a Food bank?

Food banks give emergency food parcels to people who are in crisis. They are usually run by volunteers. You will need to be referred to a Food Bank by an agency and given a food bank voucher. There are a number of places in Newcastle where you can get a food parcel in an emergency. Emergency food parcels usually contain dried or tinned food that you can cook at home to make meals.

### Free food parcels in Newcastle :

[Temporary food help and deliveries for the coronavirus working every day](#)

[Additional shopping and support services during the coronavirus](#)

[Mondays](#)

[Tuesdays](#)

[Wednesdays](#)

[Thursdays](#)

[Fridays](#)

[Sundays](#)

**Opening times vary over bank holidays.**

Many churches and faith groups offer food, run drop-in cafes, or give food parcels. Contact your [local place of worship](#) to find out if they offer food.

Looking for a hot meal? Volunteers and charities offer [free or cheap meals in Newcastle](#)

**Please note: in addition to the regular food banks listed by day further down this page, there are new services to support the elderly, vulnerable and those in need during the Coronavirus pandemic.**

**Temporary Food Help**

Name	What's available	How to use the service
<p><b><u>Dinnington Parish Council</u></b></p> <p>Steven Phelps</p> <p><b>Email:</b> <a href="mailto:steve_p_dpc@hotmail.co.uk">steve_p_dpc@hotmail.co.uk</a></p> <p><b>Telephone:</b> <a href="tel:07925 127 972">tel:07925 127 972</a></p>	<p>Food parcel delivery using Fareshare in Dinnington.</p>	<p>Please call for further information.</p>
<p><b><u>Building Futures East</u></b></p> <p><b>Tel:</b> <a href="tel:0191 263 2752">tel:0191 263 2752</a></p> <p><b>Email:</b> <a href="mailto:covidsupport@buildingfutureseast.org">covidsupport@buildingfutureseast.org</a></p> <p>Follow through <a href="#">Facebook</a> or <a href="#">Twitter</a></p>	<p>Deliver emergency food parcels, hygiene products and dog food to residents in Walker, Referrals and self referrals taken.</p> <p>Education and training advice.</p>	<p>Ring or email</p>
<p><b><u>Christians Against Poverty</u></b></p> <p>Linda Stockley</p> <p><b>Telephone:</b> <a href="tel:0800 328 0006">0800 328 0006</a></p>	<p>Delivery of food parcels</p>	<p>Ring.</p>
<p><b><u>Junction 42</u></b></p> <p><b>Email:</b> <a href="mailto:ciaran.grant@junction42.org">ciaran.grant@junction42.org</a></p>	<p>Delivery of food parcels with a referral made by <a href="http://www.thekcfoundation.co.uk">www.thekcfoundation.co.uk</a></p>	<p>Food bank Monday to Thursday, 10 to 2 pm</p>

<p><b><u>Families 1st 4 for Additional Needs</u></b></p> <p>Brunswick village</p> <p><b>Telephone:</b> <a href="tel:07912581204">07912 581 204</a></p> <p><b>Email:</b> <a href="mailto:support@families1st.uk">support@families1st.uk</a></p>	<p>Delivery of food parcels. to anyone in need – elderly, vulnerable, high-risk, pre-existing conditions, low income, self-isolating and no friends/family to help them. Deliver across the region from North Northumberland, North and South Tyneside, Durham. Book a delivery slot with one of their volunteer drivers on their Facebook Page <b><u>Families 1st 4 Additional Needs.</u></b></p> <p>They will also undertake shopping but that must be by referral from a professional.</p>	<p>Mon to Sat from 930 am</p>
<p><b><u>Feeding Families</u></b></p> <p><a href="mailto:Deborah@feedingfamilies.org.uk">Deborah@feedingfamilies.org.uk</a></p> <p>Deborah Cooper</p>	<p>Delivery food parcels within 48 hours of referral to those who have no other support. Provision of shopping for those able to pay. Available 7 days a week.</p> <p>Referrals made by a professional and not self referral. Need to state whether it is food parcel or shopping referral.</p> <p>Details required include: name, address, contact number, number in household, any dietary requirements. If the referral is for shopping, how will they pay. Must include: name, email and contact number of the referrer.</p>	<p>Professional referral</p>
<p><b><u>Magic Hat Café</u></b></p> <p>Byker Community Centre</p> <p>153 Headlam Street</p> <p>NE6 2DX</p>	<p>Referral from FoodCycle.</p>	<p>see below</p>

<p><b><u>FoodCycle Monkchester</u></b></p> <p>Monkchester Community Centre</p> <p>Monkchester Road, Walker</p> <p>NE6 2LJ</p> <p>Harry Barnham</p> <p><b>Telephone:</b> <a href="tel:07377866316">07377 866 316</a></p>	<p>Delivery of food bag from Fareshare warehouse.</p>	<p>Ring</p>
<p><b><u>YMCA/Walker Park Centre Cafe</u></b></p> <p><a href="tel:01912653132">tel:0191 265 3132</a></p> <p><a href="mailto:enquiries@ymcanewcastle.com">enquiries@ymcanewcastle.com</a></p>	<p>During the coronavirus, working in partnership with Walker Parish Church, Hat Trick, Building Futures East and Streetwise who are helping with deliveries</p> <ul style="list-style-type: none"> <li>• preparing and delivering frozen meals and healthy packed lunches to people who need school meals, are furloughed or redundant and struggling or shielding and based in Walker.</li> <li>• deliveries Mon to Fri; collection from centre hatch on Sat and Sunday.</li> </ul>	<p>Phone between 10 and 11 am for same day food; email outside these hours</p>

## Additional support – shopping, prescriptions, pets and gardening

Name	What's available	How to use this service
<p><b><u>Age UK</u></b></p> <p><a href="tel:01914773559">0191 477 3559</a></p>	<p>Shopping, prescriptions, respite sitting, hot meals, pet walking and basic garden tidy.</p>	<p>9 am – 3 pm Mon to Friday, 10am to 3 pm Sat and Sun</p>
<p><b><u>Caring Hands Charity</u></b></p> <p><a href="mailto:contact@caringhandscharity.org">contact@caringhandscharity.org</a></p> <p>Dawn Henderson</p>	<p>Shopping and delivery, telephone befriending, dog walking. Service offered in Ouseburn, Heaton, Jesmond, St Anne's</p>	

<p><b><u>Edge Northeast</u></b>  <a href="mailto:edgenortheast@outlook.com">edgenortheast@outlook.com</a>          Collette Devlin Smith  <b><u>07530089214</u></b></p>	<p>Shopping in Byker, Fawdon and Kingston Park</p>	
<p><b><u>Mental Health Concern</u></b>  <u>0191 222 0324</u></p>	<p>Shopping, prescriptions and telephone befriending.</p>	
<p><b><u>Search Newcastle</u></b>  <u>tel: 0191 273 7443</u>  <u>email: info@searchnewcastle.org.uk</u></p>	<ul style="list-style-type: none"> <li>• shopping, prescription collection, help with completing forms such as blue badge, housing</li> <li>• newsletters with quiz and information</li> </ul>	
<p><b><u>Throckley Community Hall</u></b>          Back of Victoria Terrace          NE15 9EL          Michelle Mitchell  <u>07886327369</u>  <u>michellem.tch@outlook.com</u></p>	<p>Delivery of food packs.          Phone befriending</p>	<p>Deliveries on a Thursday</p>

## Mondays

Name	What's available	How to use the service
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<p><b><u>Newcastle West End Foodbank</u></b></p> <p><b>Address:</b> <u>The Venerable Bede Church</u>, West Road, NE4 8AQ</p> <p><b>Email:</b> <u><a href="mailto:laura@nclwefb.org.uk">laura@nclwefb.org.uk</a></u></p> <p><b>Telephone:</b> <u>tel:0191 275 3019</u></p>	<p>May be closed BH Mon.</p> <p><b>Food vouchers</b> 1 to 3pm</p> <p><b>Food parcels</b> 10 to 1 pm.</p> <p>Emergency food parcel which gives 3 days of nutritionally balanced food.</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>
<p><b><u>Connect25 Foodbank</u></b></p> <p><b>Address:</b> Connect25 Food Bank, NE6 2AR</p> <p><b>Email:</b> <u><a href="mailto:foodbank@thekcfoundation.co.uk">foodbank@thekcfoundation.co.uk</a></u></p> <p><b>Website:</b> <u><a href="http://thekcfoundation.co.uk">thekcfoundation.co.uk</a></u></p> <p><b>Tel:</b> <u>0797 647 9111</u></p> <p><b>Opening Times:</b> Monday to Thursday 10am to 4pm</p>	<p>Emergency food parcel delivery to those who need it in Byker and Newcastle.</p>	<p>Referral from kcfoundation needed.</p> <p>If a referral is received before 12pm, food parcels are delivered on a Thursday</p> <p>You can complete a referral form on their website. You can have 3 food parcels a year.</p>
<p><b><u>Vinnies Cafe at St Vincents Blackfriars</u></b></p> <p><b>Address:</b> St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ</p> <p><b>Email:</b> <u><a href="mailto:emmab@svp.org.uk">emmab@svp.org.uk</a></u></p> <p><b>Website:</b> <u><a href="http://svp-blackfriars.org.uk">svp-blackfriars.org.uk</a></u></p> <p><b>Telephone:</b> <u>0191 261 6027</u></p> <p>option 2</p>	<p>11 to 2 pm take away meals</p> <p>1 emergency food parcel</p> <p>Free hot meals, clothing and toiletries also available</p>	<p>The food bank is an emergency only during their café opening times.</p> <p>You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.</p>

## Tuesdays

Name	What's available	How to use the service
<p><b><u>Newcastle West End Foodbank</u></b></p> <p><b>Address:</b> The Foodbank Centre, Benwell Lane, NE15 6NG</p> <p><b>Website:</b> <a href="http://newcastlewestend.foodbank.org.uk">newcastlewestend.foodbank.org.uk</a></p> <p><b>Email:</b><a href="mailto:laura@nclwefb.org.uk">laura@nclwefb.org.uk</a></p> <p><b>Telephone:</b><a href="tel:0191 275 3019">tel:0191 275 3019</a></p>	<p><b>Food parcels</b> 10.00 to 1.00 pm</p> <p><b>Food Vouchers and Food parcels</b> 9.30 to 11.30 from Lemington Methodist Church Lorraine Terrace NE15 8EA</p> <p>3 days of emergency food</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>
<p><b><u>Cornerstone</u></b></p> <p><b>Address:</b> 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU</p> <p><b>Email:</b> <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a></p> <p><b>Telephone:</b> <a href="tel:0191 226 0941">0191 226 0941</a></p> <p><b>Website:</b> <a href="http://cornerstonebenwell.com">cornerstonebenwell.com</a></p> <p><b>Opening Times:</b> 9:30 to 3:30pm</p>	<p>Order before 10.00 am</p> <p><b>Hot soup and sandwiches</b></p> <p>Emergency food parcel</p>	<p>£3 or food bank voucher</p> <p>leave message on <a href="#">Facebook</a>; phone 0191 226 0941 (you can leave message); e-mail <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a>. Kids half-price with one adult meal; must be within 2 miles from Cornerstone on Armstrong Rd.</p> <p>Open access including self-referral.</p>

<p><b><u>Connect25 Foodbank</u></b></p> <p><b>Address:</b> Connect25 Food Bank, NE6 2AR</p> <p><b>Email:</b> <a href="mailto:foodbank@thekcfoundation.co.uk">foodbank@thekcfoundation.co.uk</a></p> <p><b>Website:</b> <a href="http://thekcfoundation.co.uk">thekcfoundation.co.uk</a></p> <p><b>Tel:</b> <a href="tel:07976479111">0797 647 9111</a></p> <p><b>Opening Times:</b> Monday to Thursday 10am to 4pm</p>	<p>Emergency food parcel delivery to those who need it in Byker and Newcastle.</p>	<p>Referral from kcfoundation needed.</p> <p>If a referral is received before 12pm, food parcels are delivered on Thursdays only.</p> <p>You can have 3 food parcels a year.</p> <p>Deliveries will take place on Thursdays</p>
<p><b><u>Vinnies Cafe at St Vincents Blackfriars</u></b></p> <p><b>Address:</b> St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ</p> <p><b>Email:</b> <a href="mailto:emmab@svp.org.uk">emmab@svp.org.uk</a></p> <p><b>Website:</b> <a href="http://svp-blackfriars.org.uk">svp-blackfriars.org.uk</a></p> <p><b>Telephone:</b> 0191 261 6027 option 2</p> <p><b>Opening Times:</b></p>	<p>11 to 2 pm take away meals</p> <p>1 emergency food parcel</p> <p>Free hot meals, clothing and toiletries also available</p>	<p>The food bank is an emergency only during their café opening times.</p> <p>You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.</p>

## Wednesdays

Name	What's available	How to use the service
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<p><b><u>Newcastle East Foodbank</u></b></p> <p><b>Address:</b> Elim Church, The Dream Centre, Heaton Road, NE6 1SB</p> <p><b>Email:</b> <a href="mailto:info@newcastleeast.foodbank.org">info@newcastleeast.foodbank.org</a></p> <p><b>Telephone:</b> 0191 224 2422</p> <p><b>Opening Times:</b> 10am to 12.30pm</p>	<p>Emergency food parcel</p>	<p>Referral needed from <b><u>Heaton Road Baptist Church</u></b> or <b><u>Joseph Cowen Centre</u></b>. Residents can access up to three vouchers.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>
<p><b><u>Newcastle West End Foodbank</u></b></p> <p><b>Address:</b> The Food Bank Centre, Benwell, NE15 6NG</p> <p><b>Website:</b> <a href="http://newcastlewestend.foodbank.org.uk">newcastlewestend.foodbank.org.uk</a></p> <p><b>Email:</b><a href="mailto:laura@nclwefb.org.uk">laura@nclwefb.org.uk</a></p> <p><b>Telephone:</b><a href="tel:0191 275 3019">tel:0191 275 3019</a></p>	<p><b>Food parcels</b> 10 to 1pm</p> <p><b>Food vouchers</b> 10 to 1 pm from St James' Church 28. Benwell Lane NE15 6R</p> <p>3 days of emergency food</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>
<p><b><u>Cornerstone</u></b></p> <p><b>Address:</b> 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU</p> <p><b>Email:</b> <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a></p> <p><b>Telephone:</b> <a href="tel:0191 226 0941">0191 226 0941</a></p> <p><b>Website:</b> <a href="http://cornerstonebenwell.com">cornerstonebenwell.com</a></p> <p><b>Opening Times:</b> 9:30 to 3:30pm</p>	<p>Order before 10.00</p> <p><b>Hot soup and sandwiches</b></p> <p>Emergency food parcel</p>	<p>£3 or food bank voucher</p> <p>leave message on <a href="#">Facebook</a>; phone 0191 226 0941 (you can leave message); e-mail <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a>. Kids half-price with one adult meal; must be within 2 miles from Cornerstone on Armstrong Rd.</p> <p>Open access including self-referral.</p>

<p><b><u>Connect25 Foodbank</u></b></p> <p><b>Address:</b> Connect25 Food Bank, NE6 2AR</p> <p><b>Email:</b> <a href="mailto:foodbank@thekcfoundation.co.uk">foodbank@thekcfoundation.co.uk</a></p> <p><b>Website:</b> <a href="http://thekcfoundation.co.uk">thekcfoundation.co.uk</a></p> <p><b>Tel:</b> <a href="tel:07976479111">0797 647 9111</a></p> <p><b>Opening Times:</b> Monday to Thursday 10am to 4pm</p>	<p>Emergency food parcel delivery to those who need it in Byker and Newcastle.</p>	<p>Referral from KCfoundation needed.</p> <p>If a referral is received before 12pm, food parcels are delivered on a Thursday only.</p> <p>You can have 3 food parcels a year.</p>
<p><b><u>Vinnies Cafe at St Vincents Blackfriars</u></b></p> <p><b>Address:</b> St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ</p> <p><b>Email:</b> <a href="mailto:emmab@svp.org.uk">emmab@svp.org.uk</a></p> <p><b>Website:</b> <a href="http://svp-blackfriars.org.uk">svp-blackfriars.org.uk</a></p> <p><b>Telephone:</b> <a href="tel:01912616027">0191 261 6027</a></p> <p>Option 2</p> <p><b>Opening Times:</b></p>	<p>11 to 2 pm take away meals</p> <p>1 emergency food parcel</p> <p>Free hot meals, clothing and toiletries also available</p>	<p>The food bank is an emergency only during their café opening times.</p> <p>You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.</p>

## Thursdays

Name	What's available	How to use the service
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<p><b><u>Walker and District Foodbank</u></b></p> <p><b>Address:</b> 25 Church Walk, NE6 3DP</p> <p><b>Email:</b> <a href="mailto:info@walkerdistrict.foodbank.org.uk">info@walkerdistrict.foodbank.org.uk</a></p> <p><b>Website:</b> <a href="http://walkerdistrict.foodbank.org.uk">walkerdistrict.foodbank.org.uk</a></p> <p><b>Telephone:</b> <a href="tel:07517846366">07517 846 366</a> or <a href="tel:07496803150">07496 803150</a></p> <p><b>Opening Times:</b> 11am to 1.30pm</p>	<p><b>As long as they have stock they will open</b></p> <p>Emergency food parcel</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>
<p><b><u>Newcastle West End Foodbank</u></b></p> <p><b>Address:</b> The Food Bank Centre, Benwell, NE15 6NG</p> <p><b>Website:</b> <a href="http://newcastlewestend.foodbank.org.uk">newcastlewestend.foodbank.org.uk</a></p> <p><b>Email:</b><a href="mailto:laura@nclwefb.org.uk">laura@nclwefb.org.uk</a></p> <p><b>Telephone:</b><a href="tel:01912753019">tel:0191 275 3019</a></p>	<p><b>Food Parcels</b> 10 to 1 pm from Venerable Bede Church Benwell Grove NE4 8AQ or 5 to 6.30 pm from Lemington Methodist Church Lorraine Terrace NE15 8EA</p> <p><b>Food Vouchers</b> 5 to 6.30 pm Lemington Centre Tyne View NE15 8RZ</p> <p>3 days of emergency food</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>

<p><b><u>Cornerstone</u></b></p> <p><b>Address:</b> 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU</p> <p><b>Email:</b> <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a></p> <p><b>Telephone:</b> <a href="tel:01912260941">0191 226 0941</a></p> <p><b>Website:</b> <a href="http://cornerstonebenwell.com">cornerstonebenwell.com</a></p> <p><b>Opening Times:</b> 11am to 12pm</p>	<p>Order before 10.00 am</p> <p><b>Hot soup and sandwiches</b></p> <p>Food parcel available once a month.</p>	<p>£3 or food bank voucher</p> <p>leave message on <a href="#">Facebook</a>; phone 0191 226 0941 (you can leave message); e-mail <a href="mailto:cornerstonebenwell@gmail.com">cornerstonebenwell@gmail.com</a>. Kids half-price with one adult meal; must be within 2 miles from Cornerstone on Armstrong Rd.</p> <p>Just to turn up. No referral needed.</p> <p>They will refer you to the West End Food Bank if you need further food parcels.</p>
<p><b><u>Connect25 Foodbank</u></b></p> <p><b>Address:</b> Connect25 Food Bank, NE6 2AR</p> <p><b>Email:</b> <a href="mailto:foodbank@thekcfoundation.co.uk">foodbank@thekcfoundation.co.uk</a></p> <p><b>Website:</b> <a href="http://thekcfoundation.co.uk">thekcfoundation.co.uk</a></p> <p><b>Tel:</b> <a href="tel:07976479111">0797 647 9111</a></p> <p><b>Opening Times:</b> Monday to Thursday 10am to 4pm</p>	<p>Emergency food parcel delivery to those who need it in Byker and Newcastle.</p>	<p>Referral from kcfoundation needed.</p> <p>If a referral is received before 12pm, food parcels delivered on a Thursday.</p> <p>You can complete a referral form on their website. You can have 3 food parcels a year.</p>
<p><b><u>Vinnies Cafe at St Vincents Blackfriars</u></b></p> <p><b>Address:</b> St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ</p> <p><b>Email:</b> <a href="mailto:emmab@svp.org.uk">emmab@svp.org.uk</a></p> <p><b>Website:</b> <a href="http://svp-blackfriars.org.uk">svp-blackfriars.org.uk</a></p> <p><b>Telephone:</b> <a href="tel:01912616027">0191 261 6027</a></p> <p><b>Opening Times:</b></p>	<p>11 to 2 pm take away meals</p> <p>1 emergency food parcel</p> <p>Free hot meals, clothing and toiletries also available</p>	<p>The food bank is an emergency only during their café opening times.</p> <p>You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.</p>

## Fridays

Name	What's available	How to use the service
<p><b><u>Newcastle East Foodbank</u></b></p> <p><b>Address:</b> Elim Church, The Dream Centre, Heaton Road, NE6 1SB</p> <p><b>Email:</b> <a href="mailto:info@newcastleeast.foodbank.org">info@newcastleeast.foodbank.org</a></p> <p><b>Telephone:</b> <a href="tel:01912242422">0191 224 2422</a></p> <p><b>Opening Times:</b> 10am to 12.30pm</p>	<p><b>CLOSED</b></p> <p>Emergency food parcel</p>	<p>Referral needed.</p> <p>Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle.</p> <p>You are then given a food bank voucher to swap for emergency food at the food bank.</p>

## Sundays

Name	What's available	How to use the service
<p><b><u>The Muslim Initiative</u></b></p> <p><b>Address:</b> Angelou Centre, 17 Brighton Grove, Fenham, NE4 5NS</p> <p><b>Email:</b> <a href="mailto:info@themusliminitiative.com">info@themusliminitiative.com</a></p> <p><b>Website:</b> <a href="http://themusliminitiative.com">themusliminitiative.com</a></p> <p><b>Opening Times:</b> The first Sunday of every month from 2pm to 3pm</p>	<p><b>SUSPENDED</b></p> <p>Food parcel</p> <p>Rice, pasta, tins and jars of food.</p>	<p>No referral needed. You can turn up or email beforehand to let them know you are coming.</p> <p>Available to anyone in need, regardless of faith or non-belief.</p> <p>You will be asked the reason why you are in need. You will need to provide proof of your address.</p>

The services listed on this page are provided by organisations independent to the council. We update this information regularly, but opening times and availability can change. Opening times are different during bank holidays and over Christmas and

New Year. Before attending a session we recommend you check it is running and that you're eligible to receive the service. Some services are only for adults or rough sleepers. Please note there may be a limit to the number of times you can access a service due to high demands in Newcastle. You can read more about InformationNOW's [Terms and Conditions](#).

## Other help available in Newcastle

- [Free meals and cheap food in Newcastle](#) Volunteers prepare hot nutritious meals for people in need in Newcastle.
  - [The practicalities of moving home](#)
  - [Help with Heating Problems and How to Pay for Them](#)
  - [Help with the Cost of Maintenance and Repairs](#)
  - [Emergency hardship and crisis support](#)
  - [Benefits](#)
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## Benefits advice in Newcastle

Speak to someone about the benefits you may be entitled to and how they may impact upon your other benefits. A local independent advice service can help guide you through the process such as:

- [Citizens Advice Newcastle](#) provide advice to anyone in Newcastle
- [Newcastle Welfare Rights Service](#) provide advice to people in priority groups including those over 65. They have [self help material](#) on their website.

There are more benefit advice services available across Newcastle. Visit 'Where to get benefit advice' here [www.newcastle.gov.uk](http://www.newcastle.gov.uk)

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## Other useful information

[Money Advice Service](#) provides online information on the full range of benefits that you may be entitled to. This also includes where to find more help and advice.

[Peace of Mind Communities](#) help refugees and asylum seekers. Their projects include:

- a food bank for people in Bensham
- an advice drop in session
- a small fund to help destitute refugees and asylum seekers in emergencies
- help to fill the holiday gap with activities and refreshments for children and carers during the holidays

Last updated: August 27, 2020

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## Useful Organisations

## **Citizens Advice Newcastle (CAN)**

**Email:** citycab@newcastlecab.org.uk

**Website:** <http://citizensadvice-newcastle.org.uk/>

**Telephone:** 0191 229 2750

**Address:** 4th Floor, City Library, NE1 8AX

## **Newcastle Welfare Rights Service**

**Email:** welfare.rights@newcastle.gov.uk

**Website:** [www.newcastle.gov.uk/welfarerights](http://www.newcastle.gov.uk/welfarerights)

**Telephone:** 0191 277 2627

## **Connected Voice**

**Email:** connect@connectedvoice.org.uk

**Website:** [www.connectedvoice.org.uk](http://www.connectedvoice.org.uk)

**Telephone:** 0191 232 7445

**Address:** Higham House, NE1 8XS

## **The Muslim Initiative**

**Email:** info@themusliminitiative.com

**Website:** <http://www.themusliminitiative.com>

**Telephone:** N/A

## **The Peoples Kitchen**

**Email:** info@peopleskitchen.co.uk

**Website:** [www.peopleskitchen.co.uk](http://www.peopleskitchen.co.uk)

**Telephone:** 0191 222 0699

**Address:** The People's Kitchen, NE4 5SQ

## **Newcastle West End Foodbank**

**Email:** laura@nclwefb.org.uk

**Website:** <https://newcastlewestend.foodbank.org.uk/>

**Telephone:** 0191 275 3019

**Address:** The Food Bank Centre, NE15 6NG

### **Vinnies Cafe at St Vincents Blackfriars**

**Email:** emmab@svp.org.uk

**Website:** <http://www.svp-blackfriars.org.uk/>

**Telephone:** 0191 261 6027

**Address:** St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ

### **Newcastle East Foodbank**

**Email:** foodbank@elimnewcastle.org.uk

**Website:** <https://newcastleeast.foodbank.org.uk>

**Telephone:** 0191 224 2422

**Address:** Elim Church Newcastle, NE6 1SB

### **The Venerable Bede Church**

**Email:** church@benwellscotswood.com

**Website:** <https://benwellscotswood.com/>

**Telephone:** 0191 273 5356

**Address:** The Church of The Venerable Bede, NE4 8AQ

### **Connect25 Food Bank**

**Email:** foodbank@thekcfoundation.co.uk

**Website:** <https://www.thekcfoundation.co.uk/>

**Telephone:** 0797 647 9111

**Address:** Connect25 Food Bank, NE6 2AR



## Changing Lives

**Email:** central.office@changing-lives.co.uk

**Website:** <http://www.changing-lives.org.uk>

**Telephone:** 0191 273 8891

**Address:** Unit D13 Marquis Court, , NE11 0RU

## Crisis Skylight Newcastle

**Email:** enquiries.newcastle@crisis.org.uk

**Website:** <https://www.crisis.org.uk/get-help/newcastle/>

**Telephone:** 0191 222 0622

**Address:** City House, NE1 2AF

## Walker and District Foodbank

**Email:** info@walkerdistrict.foodbank.org.uk

**Website:** <http://walkerdistrict.foodbank.org.uk/>

**Telephone:** 07517 846366

**Address:** 25 Church Walk, NE6 3DP

## Grainger Market

**Email:** markets@newcastle.gov.uk

**Website:** <https://www.newcastle.gov.uk/business/newcastle-markets/visit-market-newcastle/grainger-market>

**Telephone:** 0191 211 5542

**Address:** Grainger Street, NE1 5QQ

## Citylife Line

**Website:** <https://www.newcastle.gov.uk/services/public-health-wellbeing-and-leisure/public-health-services/coronavirus-covid-19/citylife>

**Telephone:** 0800 170 7001

## **YMCA Newcastle**

**Email:** roberta.davidson@ymcanewcastle.com

**Website:** <https://ymcanewcastle.com/>

**Telephone:** 0191 265 3132

**Address:** 592–596 Welbeck Road , NE6 3AB

## **Dinnington Village Hall and Memorial Institute**

**Email:** steve\_p\_dpc@hotmail.co.uk

**Website:** <http://www.spanglefish.com/dinnington/index.asp>

**Telephone:** 01661 821041

**Address:** Main Street, NE13 7JW

## **Building Futures East**

**Email:** covidsupport@buildingfutureseast.org

**Website:** <http://www.buildingfutureseast.org/>

**Telephone:** 0191 263 2752

**Address:** Low Yard, NE6 3PJ

## **Christians Against Poverty (CAP)**

**Email:** lindastockley@capuk.org

**Website:** [capuk.org](http://capuk.org)

**Telephone:** 007423 523 829

**Address:** Regent Chapel Christian Fellowship, NE3 3HD

## **Feeding Families**

**Email:** Deborah@feedingfamilies.org.uk

**Website:** <https://feedingfamilies.org.uk/>

**Telephone:** 007423 523 829

## **Food Nation**

**Email:** info@foodnation.org

**Website:** [www.foodnation.org](http://www.foodnation.org)

**Telephone:** 0191 276 0595

**Address:** 28 Hawthorn House, NE6 1SD

## **FoodCycle Monkchester**

**Email:** monkchester@foodcycle.org.uk

**Website:** <https://www.foodcycle.org.uk/location/monkchester/>

**Telephone:** 07377 866 316

**Address:** Monkchester Community Centre, NE6 2LJ

## **The Magic Hat Cafe**

**Email:** info@themagichatcafe.co.uk

**Website:** <http://www.themagichatcafe.co.uk/>

**Telephone:** 07522 358 058

## **Families 1st 4 Additional Needs**

**Website:** <https://families1st4additionalneeds.co.uk>

**Telephone:** 07912 581204

**Address:** Gibson House, NE13 7BA

## **Walker Park café centre**

**Email:** linda.mckie@ymcanewcastle.com

**Telephone:** 0191 265 3132

**Address:** In Walker Park, NE6 3AU

## **Edge North East**

**Email:** edgenortheast@outlook.com

**Website:** <https://edgenortheast.co.uk/>

**Telephone:** 07530 089 214

**Address:** The Mezzanine, Byker Community Centre, NE6 2DX

## **Throckley Community Hall**

**Email:** [tch.ltd@tiscali.co.uk](mailto:tch.ltd@tiscali.co.uk)

**Telephone:** 0191 264 4075

**Address:** Back Victoria Terrace, NE15 9EL

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## **Related Articles**

[Free meals and cheap food in Newcastle](#)

[Emergency funds and support](#)

[Places of worship](#)

[Welfare benefits](#)

[Help with heating problems and how to pay for them](#)

[The practicalities of moving home](#)

[Universal Credit](#)

[Managing your money](#)

[Meals at home](#)