

Love Life

A 6 sessions course for adults who live in the Newcastle area and have a learning disability and/or autism.

This source is about:-

- Making Friends
- Relationships and going on dates
- Feeling good about our bodies
- Keeping us from harm and abuse
- Safer sex and contraception

Please contact Kathy Steele at Skills for People by phone on 0191 281 8737 or email: information@skillsforpeople.org.uk to book a place.

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Organiser: Skills for People

Useful Organisations