

## Stroke North

Stroke North is an informal club to aid those who have been affected by stroke, either directly or indirectly. Members enjoy socialising, games, quizzes, exercise, guest speakers and occasional outings and meals.

Assistance with transport may be available, please contact them for more details.

For more information contact Dan White on [dan.twhite@yahoo.co.uk](mailto:dan.twhite@yahoo.co.uk)

Last updated: October 24, 2019

**Organiser:** Stroke Association

---

## Useful Organisations

### Stroke Association

**Email:** [info@stroke.org.uk](mailto:info@stroke.org.uk)

**Website:** [www.stroke.org.uk](http://www.stroke.org.uk)

**Telephone:** 0191 487 9988