

## Newcastle Treatment and Recovery (NTaR) Drug and Alcohol Service

Newcastle Treatment and Recovery Service (NTaR) is a community drug and alcohol service for anyone in Newcastle experiencing problems with or affected by drugs and alcohol. Support is available for people of all ages and with all substances. This service is for people who:

- worry about their drinking or drug use
- feel their drinking or drug use is out of control
- experience medical or mental health problems because of their drinking or drug use
- think their drinking or drug use could be having negative effects on their family and friends

They offer:

- help to young people and adults
- harm reduction: safer injecting support and needle exchanges
- medical support: this includes prescribing substitute medications and detoxification programmes
- nursing care for addiction
- a dedicated Recovery Coordinator to motivate and support you
- recovery support: ongoing services to help with your next steps into employment, housing and health
- support, however long your recovery journey takes
- activities such as gardening, exercise therapy and peer support

They have a number of sites across the City and sites for needle exchange.

This is ran in partnership with [CNTW NHS Foundation Trust](#), [Humankind](#) and [Changing Lives](#).

This service is [commissioned by Newcastle City Council](#)

Last updated: March 13, 2024

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**Telephone:** 0191 206 1117

**Telephone note:** open 10am to 4pm

**Website:** <https://www.cntw.nhs.uk/services/drug-alcohol-service-addictions-services-newcastle/>

**Email:** [NTARreferrals@cntw.nhs.uk](mailto:NTARreferrals@cntw.nhs.uk)

**Opening Hours:** Monday to Friday, 9am to 8.30 pm  
Saturday and Sunday, 11am to 1.30pm and 2pm to 5pm

Needle Exchange/Harm Reduction Service  
43 Clayton Street  
Newcastle Upon Tyne  
NE1 5PN  
Tel: 0191 261 4719

Opening hours for the Needle Exchange  
Monday to Friday 9am to 5pm  
Needle Exchange after 5pm and weekends will be delivered from Plummer Court.

**Address:**  
Plummer Court  
Carlisle Square  
Newcastle Upon Tyne  
NE1 6UR

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## Related Articles

[Drugs and alcohol](#)

[Alcohol](#)

[Addictions](#)

[10 Tips for good health](#)

[Mental Health](#)

[Services commissioned by Newcastle City Council](#)