

## Newcastle Treatment and Recovery (NTaR) Drug and Alcohol Service

Newcastle Treatment and Recovery Service (NTaR) is a dedicated integrated community drug and alcohol service between [CNTW NHS Foundation Trust](#), Humankind and [Changing Lives](#). It is for anyone in Newcastle experiencing problems with or affected by drugs and alcohol. You can self-refer to this service.

This service is for people who:

- worry about their drinking or drug use
- feel their drinking or drug use is out of control
- experience medical or mental health problems because of their drinking or drug use
- think their drinking or drug use could be having negative effects on their family and friends

They offer:

- help to young people and adults
- harm reduction; safer injecting support and needle exchanges
- medical support, including prescription of substitute medications and supporting detoxification programmes
- a dedicated Recovery Coordinator to motivate and support you
- recovery support; ongoing services to help with your next steps into employment, housing and health
- support, however long your recovery journey takes

They have a number of sites across the City and sites for needle exchange (see below for opening hours).

This service is commissioned by Newcastle City Council.

Last updated: April 30, 2021

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**Telephone:** 0191 206 1117

**Telephone note:** Self referral Line

**Telephone 2:** 0191 206 1100

**Website:** <https://www.cntw.nhs.uk/services/drug-alcohol-service-addictions-services-newcastle/>

**Email:** [NTARreferrals@cntw.nhs.uk](mailto:NTARreferrals@cntw.nhs.uk)

**Opening Hours:** Monday to Friday, 9 am to 8.30 pm  
Saturday and Sunday, 10 am to 6 pm

Needle Exchange/Harm Reduction Service  
43 Clayton Street  
Newcastle Upon Tyne  
NE1 5PN  
Tel: 0191 261 4719

Opening hours for the Needle Exchange  
Monday to Friday 9am to 5pm  
Needle Exchange after 5pm and weekends will be delivered from Plummer Court.

**Address:**  
Plummer Court  
Carloli Square  
Newcastle Upon Tyne  
NE1 6UR

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## Related Articles

[Drugs and alcohol](#)

[Alcohol](#)

[Addictions](#)