

Autism Spectrum Support Drop In

Weekly support group.

Feeling awkward or out of step? Like some people just don't understand? Come to a quiet, safe and relaxed environment where you can share your experiences of living with Autism, Asperger's Syndrome, ADD, ADHD, Dyspraxia etc., learn about the spectrum itself, learn some coping strategies, make friends and have fun. One of the aims of the group is to dispel the negative stereotypes associated with having a 'hidden' learning disability.

Group leader: Mark Woolen

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Organiser: ReCoCo: The Recovery College Collective

Useful Organisations

ReCoCo: The Recovery College Collective

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