

## Cuppa and Culture sessions

A series of three taster sessions have been planned. These offer an opportunity to look at old photographs, explore items from the extensive museum handling collection. There will also be the option to take part in a short walkabout to meet some of the current stall holders. It is an opportunity to meet new friends, to encourage older people to explore the market, and find out more about the amazing cultural and heritage resources available throughout the City for all ages.

These taster sessions are free to attend, all are dementia-friendly and everyone is welcome. Light refreshments will be provided.

Meet at the Weigh House.

Last updated: February 6, 2020

**Organiser:** Tyne and Wear Museums

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## Useful Organisations

### Live Well Project – Tyne & Wear Archives and Museums

**Email:** [livewell@twmuseums.org.uk](mailto:livewell@twmuseums.org.uk)

**Website:** <https://twamschools.org.uk/learning-adult-learning-and-cpd>

**Telephone:** 0191 277 2246