

Coronavirus and safeguarding vulnerable people

Click on the poster to link to the Community Health and Social Care Direct page.



Safeguarding adults for people self-isolating

 We want to make sure that the **most vulnerable are safe** when they are self-isolating. Here are some things to think about if you are offered, or need, support during this time.

Could a **family member, friend** or trusted **neighbour help you?** If not, try to use **existing and trusted community groups.** 

 **Not sure? Don't answer the door**
If you're not sure about an offer of help, ask the person to leave details and talk to someone you trust about it.

You can contact **Adult Social Care** on **0191 278 8377** if you need support or you feel unsafe. In an emergency, call **999.** 

If you are worried about a child, call 0191 277 2500

Useful Organisations

Citylife Line

Website: <https://www.newcastle.gov.uk/services/public-health-wellbeing-and-leisure/public-health-services/coronavirus-covid-19/citylife>

Telephone: 0800 170 7001