

Coronavirus: isolate your household

Government and NHS advice on household isolation. Click on the poster to go to [NHS.UK](https://www.nhs.uk)



HM Government

Coronavirus

Isolate your household

Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it's mild

- ✔ Everyone in your household must stay at home for 14 days and keep away from others.
- ✘ DO NOT go to your GP, hospital or pharmacy.

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Useful Organisations

Citylife Line

Website: <https://www.newcastle.gov.uk/services/public-health-wellbeing-and-leisure/public-health-services/coronavirus-covid-19/citylife>

Telephone: 0800 170 7001