

Cost of Living Helpline at Newcastle City Council

Worried about the cost of living, food or energy bills? Contact the Cost of Living Helpline at Newcastle City Council for help and support.

They can signpost you to local help and support including:

- emergency food parcels
- [wellbeing hubs](#): warm spaces in the local community where you can spend time and enjoy facilities such as Wi-Fi, hot drinks or food.
- help to manage your electricity or gas payments

You can [complete their online form](#) to ask for help or call the free helpline.

Last updated: November 20, 2023

Telephone: 0800 170 7001

Telephone note: Freephone number

Website: <https://newcastle.gov.uk/cost-living-support>

Website 2: <https://publichealth.newcastle.gov.uk/costoflivingsupport>

Twitter: <https://twitter.com/NewcastleCC>

Facebook: <https://www.facebook.com/NewcastleCityCouncil>

Youtube: <https://www.youtube.com/user/NewcastleCCUK>

Opening Hours: Monday to Friday 9am to 5pm

Cost: Free

Address:
Newcastle City Council
Civic Centre
Newcastle upon Tyne
NE1 8QH

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[Stay at home Save Lives – Coronavirus information 25 March 2020](#)

[Free meals and cheap food in Newcastle](#)

[Help with shopping and prescriptions](#)

[Food banks and free emergency food in Newcastle](#)

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[Support for people with low incomes](#)

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