

Fire Safety

Many house fires can be prevented by following these simple steps.

Basic Fire Safety

1. Test your smoke alarm every week
 2. Don't overload electrical sockets. (13 amps maximum extension leads)
 3. Don't charge phones or devices overnight
 4. Use appliances like washers, tumble dryers and dishwashers during the day when you're at home
 5. Don't leave cooking unattended
 6. Keep kitchens clean and tidy
 7. Keep scarves, long hair and loose clothing away from cooking flames and pans
 8. Switch oven and hobs off after use
 9. Keep exits and stairs clear and free from clutter
 10. Make sure candles and cigarettes are properly extinguished
 11. No smoking in bed
 12. Switch off fires and heaters before going to bed
 13. Keep phones and keys nearby at bedtime
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If there is a fire

Get out and stay out. Call [**999**](#)

Night Time Checklist

1. Turn off and unplug electrical appliances, unless they're designed to be left on
 2. Unplug phone and devices
 3. Turn heaters and fires off
 4. Turn cookers and hobs off
 5. Don't leave washing machines, tumble dryers or dishwashers on overnight
 6. Put out cigarettes and candles
 7. Close the doors to each room
 8. Make sure exits and stairs are kept clear
 9. Keep phones and door keys nearby
 10. If there is a fire: Get out. Stay Out. Call [**999**](#)
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Home safety checks

Tyne & Wear Fire & Rescue Service (TWFRS) offer Home Safety Checks to anyone living in the Tyne & Wear area. They can arrange to visit your home to check for fire risks and help with smoke alarms. They will give you fire safety information and advice. The Fire Service also offer Safe & Well visits for people over the age of 65. They can check for hazards in your home that could lead to you falling and getting hurt. They can help with advice and make small changes or provide some small pieces of equipment to help you stay safe at home. They have community venues at:

- **West Denton Community Fire Station**
 - **Byker Community Fire Station**
 - **Newcastle Central Community Fire Station**
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Other useful information

- **When clutter and hoarding can become a problem**
- **Electrical safety**
- **Making your home safer**
- **Falls Prevention**
- **Emollients and fire safety**

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Useful Organisations

Tyne and Wear Fire and Rescue Service (TWFRS)

Email: enquiries@twfire.gov.uk

Website: www.twfire.gov.uk

Telephone: 0191 444 1500

Address: Nissan Way, SR5 3QY

Byker Community Fire Station

Email: byker@twfire.gov.uk

Website: <http://www.twfire.gov.uk/yourarea/newcastle/byker>

Telephone: 0191 444 1140

Address: Byker Community Fire Station, NE6 1EH

Newcastle Central Community Fire Station

Email: newcastlecentral@twfire.gov.uk

Website: <http://www.twfire.gov.uk/yourarea/newcastle/newcastle-central/>

Telephone: 0191 444 1108

Address: Newcastle Central Community Fire Station, NE4 6HL

West Denton Community Fire Station

Email: WestDenton@twfire.gov.uk

Website: <http://www.twfire.gov.uk/yourarea/newcastle/west-denton>

Telephone: 0191 444 1000

Address: West Denton Community Fire Station, NE5 2RB

Emergency Services – Fire, Police, Ambulance

Website: <https://www.gov.uk/guidance/999-and-112-the-uks-national-emergency-numbers>

Telephone: 999

Related Articles

[Making your home safer](#)

[Electrical safety](#)

[Falls prevention](#)

[When collecting clutter or hoarding can become a problem](#)

[Emollients and fire safety](#)