

Connected Voice Advocacy

Connected Voice Advocacy can help you to get your voice heard. They provide advocacy support for adults with health and social care needs in Newcastle and Gateshead. This includes people who are: ethnically minoritised, over 55 years old, lesbian, gay, bisexual and/or transgender (LGBTQIA+) or have mental health needs or learning or physical disabilities. They can help you to:

- get the health and social care services you need
- have your views and wishes heard
- understand your rights
- find information
- deal with letters and phone calls
- prepare for meetings
- keep safe from abuse

They also provide these services:

Hate crime advocacy: They can help if you have been targeted because of your race, religion, sexual orientation, disability or transgender identity. Anyone over 16 years old or over who lives in Newcastle, Gateshead, Sunderland, North or South Tyneside, or Northumberland can use this service

Families Through Crisis: helps families in Newcastle who are experiencing crisis and hardship.

DIY Advocate® is an online tool to work through problems. It is an app to organise your problem step by step, think about your options, make decisions, get more information and make an action plan.

This service is ran by [Connected Voice](https://www.connectedvoice.org.uk). They are commissioned by North East and North Cumbria Integrated Care Board.

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Telephone: 0191 235 7013

Website: <http://www.connectedvoice.org.uk/services/advocacy>

Fax: 0191 230 5640

Email: advocacy@connectedvoice.org.uk

Twitter: <https://twitter.com/CVAdvocacy>

Facebook: <https://www.facebook.com/ConnectedVoiceAdvocacy>

Opening Hours: Monday to Friday 9am to 5pm

Cost: Free

Address:

Connected Voice Advocacy
One Strawberry Lane
Newcastle upon Tyne
NE1 4BX

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[Introduction to Adult Social Care](#)

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[Support for your rights as a LGBTQ+ person](#)