

## Royal British Legion

The Royal British Legion helps the whole Armed Forces community through welfare, comradeship and representation as well as being the Nation's custodian of Remembrance.

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**Website:** [www.britishlegion.org.uk](http://www.britishlegion.org.uk)

**Helpline:** 0808 802 8080

*Helpline 8am - 8pm, 7 days a week*

**Twitter:** <http://twitter.com/PoppyLegion>

**Facebook:** <http://www.facebook.com/OfficialPoppyLegion>

**Youtube:** <http://www.youtube.com/royalbritishlegion>

**Cost:** Free

**Address:**

199 Borough High Street  
London  
SE1 1AA

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