

## Time Exchange

The Time Exchange is a community based time banking initiative and drop-in centre based in Arthur's Hill, Newcastle. Local residents exchange time and skills with each other. Members voluntarily carry out work for each other and earn 'time credits' in return. These credits can be exchanged for other member services. There are many skills and services on offer. The Time Exchange also produce a monthly newsletter to keep everyone up to date.

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**Cost:** Free

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