

## Independent Mental Health Advocates (IMHA)

IMHAs work with people in quite specific circumstances. A person is eligible for IMHA support irrespective of their age if they are:

- Detained under the Mental Health Act, or
- Conditionally discharged patients
- Subject to guardianship
- Subject to community treatment orders (CTOs)

Your Voice Counts can provide an IMHA who can provide support to

- help patients understand information they are given by people involved in their care/treatment
- help them to talk to the people involved in their care/treatment
- access information about how the Mental Health Act applies to patient

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**Telephone:** 0191 478 6472

**Website:** <https://www.yvc.org.uk/>

**Opening Hours:** Mon - Fri 9am - 5pm

**Cost:** Free

**Address:**

Your Voice Counts  
14-16 Greenesfield Business Centre  
Mulgrave Terrace  
Gateshead  
NE8 1PQ

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