

Active Newcastle

Active Newcastle is a service to help people become more physically active and fit in Newcastle. Their website provides information on a wide range of activities including:

- walks
- Nordic walking
- sofa to saddle (cycling)
- aerobics
- core stability

Active Newcastle work with a wide range of partners to make sure that sports and activities are accessible to everyone. You can apply for an Active Newcastle Card which gives you benefits at other organisations including Tyneside Cinema.

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Twitter: <https://twitter.com/activenewcastle>

Facebook: <http://www.facebook.com/Activenewcastlepage?sk=wall>

Cost: Free

Address:

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