

Shared Decision Making Aids - NHS

Shared Decision Making Aids are information resources to help people make decisions about difficult healthcare options. They will help you to think about why one option is better for you than another. People's views change over time depending on their experiences and who they talk to. Understanding what is important to you about your decision will help you choose the option that is best for you.

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Website: <https://www.england.nhs.uk/shared-decision-making/>

Twitter: <https://twitter.com/NHSEngland>

Cost: Free

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