

Al Anon - Family Groups

Al-Anon Family Groups provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. They are an international organisation with over 800 support groups in the UK and Republic of Ireland. Al-Anon is a fellowship of relatives and friends of alcoholics who share their experience in order to solve their common problems.

Al-Anon Family Groups hold regular meetings where members share their own experience of living with alcoholism. Al-Anon does not offer advice or counselling, but members give each other understanding, strength and hope.

There are 3 Newcastle Support Groups. Visit their [website](#) for times and locations.

Last updated: April 1, 2020

Website: www.al-anonuk.org.uk

Helpline: 0800 0086 811

Confidential

Email: enquiries@al-anonuk.org.uk

Twitter: <https://twitter.com/AlAnonukandEire>

Facebook: <https://www.facebook.com/AlAnonFamilyGroupsUK>

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