

The Silver Line

The Silver Line is the confidential, free helpline for older people across the UK open every day and night of the year. Specially trained helpline staff offer

- information, friendship and advice
- link callers to local groups and services
- regular befriending calls
- protection and support to those who are suffering abuse and neglect

Last updated: April 30, 2020

Telephone: 0800 4 70 80 90

Telephone note: Mobile charges may apply so if calling from a mobile dial 0300 4 70 80 90.

Website: www.thesilverline.org.uk

Mobile: 0300 4 70 80 90

Email: info@thesilverline.org.uk

Twitter: <https://twitter.com/TheSilverLineUK>

Facebook: <https://www.facebook.com/thesilverlineuk>

Opening Hours: 24 hours a day 7 days a week

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