

Silver Sunday

Silver Sunday is an annual day of free activities and events for over 65s across the UK. It aims to celebrate the value and knowledge they contribute to our communities and to also combat the loneliness which affects many older people. Visit their website for more details about what's happening in your area Organisations can use this site to inform local people what is happening in their area. Care homes and charities can input their information and share it more widely.

Silver Sunday is organised by the Sir Simon Milton Foundation.

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Cost: Free

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