

Age UK Gateshead in Newcastle

Age UK Gateshead have a number of services in Newcastle for people over 50 including:

- support with food shopping
- telephone befriending
- friendship groups
- Dementia Centre
- exercise classes and leisure activities
- information and advice service for older people, their carers, friends and family. This includes power of attorney, falls prevention and will writing
- Benefits advice and form completion
- living with and beyond cancer service for people diagnosed with cancer and their families
- veteran support
- a shop in Alley 4 in the [Grainger Market](#) where you can access all of their information and advice including support with benefit checks and claims, wills and power of attorney.
- volunteering opportunities
- a charity shop in Gateshead where you buy or donate items

Last updated: July 9, 2021

Telephone: 0191 477 3559

Website: <https://www.ageuk.org.uk/gateshead/>

Fax: 0191 478 5307

Email: infoandadvice@ageukgateshead.org.uk

Twitter: <https://twitter.com/ageukgateshead>

Facebook: <https://www.facebook.com/AgeUkGateshead/>

Opening Hours: Grainger Market Shop (closed at present)

Monday to Thursday 8.30am to 4.30pm

Friday 8.30am to 4pm

Address:

House on the Hill
Sunderland Road
Gateshead
NE10 9LR

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