

Change Grow Live

This service supports adults and young people to understand the risks that smoking and addictions pose to their health and wellbeing. They will support them to reduce or stop their use, safely.

Change Grow Live is commissioned by Newcastle City Council to offer a [stop smoking service](#).

Last updated: May 21, 2021

Telephone: 0191 261 5610

Website: <https://www.changegrowlive.org/>

Facebook: <https://www.facebook.com/changegrowlive/>

Opening Hours: Monday: 9am - 5pm

Tuesday: 9am - 5pm

Wednesday: 9am - 8pm

Thursday: 9am - 8pm

Friday: 9am - 4.30pm

Address:

Bridge View House

15-23 City Road

Newcastle upon Tyne

NE1 2AF

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