

Your Equipment Newcastle

Are you having problems carrying out day to day tasks? Is it difficult to get to the toilet, move around your home or go into the garden? Are you worried about slipping in the shower or managing the food on your plate? Your Equipment Newcastle helps you find and buy equipment to improve your daily living in just 3 steps:

1. Choose a topic
2. Answer some questions
3. Get a personal report and advice from occupational therapists on products that might help

Newcastle City Council commissioned the [Disabled Living Foundation](http://www.DisabledLivingFoundation.org.uk) to provide www.YourEquipmentNewcastle.org.uk

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Website: www.YourEquipmentNewcastle.org.uk

Cost: Free

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