

## My Homecare Ltd

This home care agency supports:

- older people aged 65 years and over
- people who have learning disabilities and/or autism aged 18 years and over
- people with mental health needs aged 18 years and over
- people with physical disabilities, including sensory impairment aged 18 years and over
- people aged 18 years and over with specific needs, for example, dementia, end-of-life, palliative care, and sudden onset brain injury

Possible tasks include:

- bathing and dressing
- hair and foot care
- preparing food
- eating food
- medication and dressings
- moving around your house and transfers from or to bed/chair/toilet
- helping to carry out everyday tasks independently
- household tasks to keep the home tidy, safe and clean
- help with getting out and about easily
- support to attend meetings, appointments, social activities
- collecting benefits/money
- shopping and errands
- dealing with correspondence
- companionship

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**Facebook:** <https://www.facebook.com/MyHomecareNewcastle/>

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