

# Physical Health and Medication Management Team (PHMM) - Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW)

The Physical Health and Medication Management Team (PHMM) covers Gateshead, East and West Newcastle. The team provide long term condition management and a specific bridging service for people over 18 and under 65 years who have been discharged to their GP.

The service provides a range of mental health treatments to ensure that you receive the treatment that is appropriate for you. Services include: Clozapine clinic, depot injection clinics and nurse led clinic.

Referrals are made by the Community Treatment team or consultant psychiatrist.

Last updated: February 5, 2020

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**Telephone:** 0191 441 6720

**Website 2:** <https://www.cntw.nhs.uk/resource-library/choice-and-medication/>

**Opening Hours:** Monday and Thursday 8am to 4pm  
Tuesday, Wednesday and Friday 8.30am to 4:30pm

**Address:**

Dryden Road Clinic,  
134 Dryden Road,  
Low Fell  
Gateshead,  
NE9 5BY

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