

## YMCA Newcastle

YMCA Newcastle is a community hub for young people. They run a range of activities throughout the week. Their youth workers are trained to offer confidential support and advice to young people. They can support you with any issues you may have and refer you to other services if needed. You can phone or visit their office in Walker for help with:

- information advice and support
- sexual health and relationship support
- health and fitness
- employability skills
- drug and alcohol misuse
- mental health
- housing advice
- financial hardship
- families and youth work

They run a School Uniform Bank. You can donate school uniform that you no longer need at their office in Walker or their charity shop in Gateshead. The uniform can then be passed on to families who need it.

They also run the Able Y's project. This project helps people with learning difficulties and learning disabilities to find activities that will motivate and inspire them. The project includes 1 to 1 and 2 to 2 support sessions which are tailored to the participant's needs.

**YMCA Newcastle is a [Good Things Foundation digital inclusion hub](#)**

YMCA is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about [Wellbeing Hubs](#)

Wellbeing hub open Wednesday, Thursday and Friday 10am to 3pm

Last updated: October 20, 2025

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**Telephone:** 0191 275 9855

**Website:** <https://ymcanewcastle.com/>

**Email:** [enquiries@ymcanewcastle.com](mailto:enquiries@ymcanewcastle.com)

**Twitter:** <https://twitter.com/ymcanewcastle>

**Facebook:** <https://www.facebook.com/YMCANewcastle/>

**Opening Hours:** Wellbeing Hub open Monday to Friday 10am to 3pm

**Address:**

YMCA  
592–596 Welbeck Road  
Walker  
Newcastle upon Tyne  
NE6 3AB

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