

PROPS

PROPS supports families, carers and friends affected by a loved ones drug or alcohol misuse across Newcastle and North Tyneside. They offer:

- one to one support and peer support groups
- counselling
- substance misuse training
- Carer and family training
- respite breaks
- emotional support and advice by telephone
- emergency out of hours telephone helpline
- Young Persons Programme
- [Vita Health](#) mental health support for carers
- Zoom 1 to 1 and group sessions

PROPS is commissioned by Newcastle City Council to support families, carers and friends in relation to drugs and alcohol use.

Last updated: November 17, 2022

Telephone: 0191 226 3440

Website: www.props.org.uk

Helpline: 0191 226 3440

Open 7 days a week 9am to 9pm

Email: office@propsnortheast.org.uk

Twitter: <https://twitter.com/propsnortheast>

Facebook: <https://www.facebook.com/PROPSNthEst/>

Opening Hours: Office hours Monday to Friday 9am to 5pm
Telephone helpline open 7 days a week 9am to 9pm

Address:
Fenham Library
Fenham Hall Drive

Newcastle upon Tyne
NE4 9XD

Related Articles

[Looking after someone](#)

[Drug and alcohol support](#)

[Support to prepare for work or a job](#)

[Services commissioned by Newcastle City Council](#)