

Housing for older people

Types of housing available

There are a wide range of housing types available for people over 55 years in Newcastle. This page explains more about the types of housing available. You can get help and advice from local and national organisations to help you decide the right housing for you.

Sheltered housing (or retirement housing)

Retirement housing is the term used when people buy a home developed for older people or rent one privately.

Sheltered Housing is also known as supported housing that's rented from **Newcastle Council Housing Services** or from **other housing associations**.

Sheltered housing might appeal to you if you like living independently but want the reassurance of knowing that help is on hand if there is an emergency. Or if you want the option of socialising in a community of people in your age range.

Sheltered housing is often built in a scheme of 20 to 40 flats or bungalows, which are linked to a **24 hour care alarm system** and have a communal lounge. There is usually a scheme manager.

Visit Age UK for more information about sheltered or retirement housing.

Housing Plus – Sheltered housing schemes in Newcastle

Newcastle Council Housing have a range of support accommodation called Housing Plus in Newcastle. It includes:

- Sheltered housing
- Assisted living
- Community support in your existing accommodation
- supported living for people with a learning disability or autism

Tree Top Village for people over the age of 55, in Walker

The Minories for people over the age of 60, in Jesmond

Theresa Russell House for people over the age of 55, in Byker

Shield Court for people over the age of 55, in Shieldfield.

Belvedere House for people over the age of 55, in Heaton.

Monkchester Green for people over the age of 55, in Walker.

Allendale House for people over the age of 55, in Byker.

Bamburgh House for people over the age of 55, in Westerhope.

Wansbeck House for people over the age of 55, in Lemington.

The Spinney for people over the age of 55, in High Heaton.

Hadrian House for people over the age of 55, in Throckley.

<u>Conewood House</u> for people over the age of 55, in Fawdon.

Coniston House for people over the age of 60, in Slatyford.

Leagreen Court for people over the age of 60, in Fawdon.

Dunira for people over the age of 60, in Jesmond.

Iris Steedman House for people over the age of 60, in Arthurs Hill.

Moor House for people over the age of 55, in Arthurs Hill.

Apply for sheltered or supported housing

To search and apply online for sheltered housing in Newcastle you need to register with **Newcastle Homes**.

<u>Staff at the Newcastle City Council Community Housing Offices</u> can help you to complete your online application.

Housing associations in Newcastle

Housing associations that provide sheltered housing in Newcastle include:

- Anchor
- Bernicia
- Byker Community Trust
- Castles to Coasts
- Home Group
- Housing 21
- Housing Plus Service at Newcastle City Council
- Karbon Homes
- Johnnie Johnson Housing
- Leazes Homes

- Methodist Homes Housing Association (MHA)
- Places for People
- Railway Housing Association
- Riverside Housing

You can apply for sheltered housing on <u>Newcastle Homes</u> or contact the Housing Association directly.

<u>Visit Newcastle.gov.uk to see the list of Housing associations who provide sheltered</u> housing

Buy or rent privately owned retirement housing

EAC HousingCare is a free housing and care advice service. They provide online information and advice service about housing, retirement homes, home adaptations or care homes. You can search their website to find retirement or sheltered housing schemes in your area. This includes private, local Council, shared ownership and Housing Association schemes. You can find housing to rent that offers different levels of support and care.

Read the InformationNOW article on **Buying or renting ordinary housing**.

Assisted living (extra care) housing

Assisted living housing provides housing choices to people who value their independence, but need help with some day to day tasks. It offers modern accessible apartments and opportunities to get involved in social activities.

A care team is on-site 24 hours a day, 7 days a week to provide planned care and support during the day. When you need extra support, they will help where they can. Residential care might be more appropriate if you need a higher level of supervision both day and night. Nursing care is not provided.

There are a number of assisted living schemes across the city which are owned and managed by registered housing providers. If you want to know more please contact the housing providers below for more information or to arrange a visit:

- Assisi House, in Walkergate ran by St Anthony of Padua
- Bowmont House in Great Park operated by Bernicia Homes
- Conaty House Walker is operated by St Anthony of Padua
- Park View Grange in Blakelaw, is operated by Anchor Homes
- Pilgrims Court in Jesmond operated by Methodist Homes

Karbon Homes manages these assisted living schemes:

- Kilbourn House in Kenton
- Lawson House in Byker
- Trevelyan Court in Newbiggin

Assisted Living: Housing Plus Services at Newcastle City Council

There are a number of assisted living schemes ran by Newcastle City Council. This type of housing is only available to people with a specific care need. Newcastle City Council will carry out an assessment of your needs to find out if you are eligible.

Housing Plus Service at Newcastle City Council have a supported housing advisor who you can contact for more information:

- Addison Court, Scotswood
- Allerdale House, Chapel Park
- Hodgson House in Elswick
- Tish Murtha
- Leagreen Court in Fawdon
- Dunira in Jesmond
- Iris Steedman in Arthurs Hill
- Moor Housein Arthurs Hill

Almshouses

Almshouses are run by charitable trusts and offer low cost accommodation for older people. Each charity has its own rules about the categories of people they can house.

For example, some almshouses were set up for retired workers of a particular trade or for people living in a specific geographical area.

The Almshouse Association can provide more information about almshouses accommodation.

Care homes

Moving into a care home is another option if you need more care and support than can be provided in your own home. There are three types of care home which, all provide communal areas, meals, a room, and possible en-suite facilities

- **Residential homes** provide basic care and support such as help with dressing or someone to call on during the night.
- Nursing homes provide personal and qualified nursing care 24 hours a day.
- Care homes with dementia care previously known as EMI homes. These provide specialist dementia nursing care

A stay in a care home does not have to be permanent. You might want to stay in a care home for a short period to give your carer a break, or to build up your strength after an illness. This is called respite care. Some care homes allocate specific beds for respite care; others accept residents for respite if they have a vacancy.

Care homes in Newcastle are run either as commercial businesses, by not-for-profit organisations, or inspected by Newcastle City Council.

See <u>Choosing a care home</u> for more information and advice. See <u>Care Homes in Newcastle</u> for those inspected by Newcastle City Council.

Advice on choosing the right accommodation for you

<u>Thinking of moving home</u> article makes suggestions of things you may want to consider before moving home, including what to do about your pets and the practicalities of moving.

Legal & General now offer information to help you find and fund care

Silverlinks has a document on Housing, Care and Related Finance in Later Life.

<u>Care & Repair Newcastle</u> and Newcastle City Council have developed an online tool with <u>EAC</u>. The HOOP tool can be used in a variety of formats. There is an online question/answer form which enables you to get results as you go, or save your results and read through their advice at the end.

- EAC First Stop Advice
- Use the HOOP tool to find out what you need
- Housing & Care Options for Older People
- Choosing & Paying for a Care Home

<u>Downsizingdirect.com</u> provides free advice to help you make the informed choices about your housing situation, including help to stay in your current home or help you move somewhere more suitable.

<u>Search Newcastle</u> have advice workers who can help you with any query you may have. This includes filling in forms, benefit checks, heating and housing problems and debt.

<u>Care Homes in Newcastle</u> is an online directory where you can search for care homes and nursing homes by county, by postcode, by town and by type of care.

Home care in Newcastle covers the agencies approved by the Council in Newcastle.

Housing LIN looks at UK issues related to housing; extra care housing; housing and dementia; housing stock.

<u>Housing Matters</u> audio and podcast series looks at the issues of adapting our homes, new homes and future proofing our homes for disability and later life in conversation with local and national leaders.

<u>Independent Age</u> have a national telephone helpline for advice on care, benefits, getting help at home and adapting your home. They can arrange a follow up appointment for more detailed discussions.

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Useful Organisations

Newcastle Homes

Email: newcastlehomes@yhn.org.uk

Website: www.newcastlehomes.org.uk

Telephone: 0191 278 8600

Address: Newcastle City Council Benton Park Road Offices, NE7 7LX

The Almshouse Association

Email: admin@almshouses.org

Website: www.almshouses.org

Telephone: 01344 452922

Address: Billingbear Lodge, RG40 5RU

Cinnamon Trust

Email: admin@cinnamon.org.uk

Website: www.cinnamon.org.uk

Telephone: 01736 757 900

Address: 10 Market Square, TR27 4HE

Newcastle Council Housing Services

Email: council.housing@newcastle.gov.uk

Website: https://new.newcastle.gov.uk/housing/council-housing/

Telephone: 0191 278 7878

Address: Newcastle City Council, NE7 7LX

EAC HousingCare

Email: hoop@eac.org.uk

Website: https://housingcare.org/

Telephone: 0191 278 7878

Address: Suite A, SE1 7JW

Downsizing Direct.com

Email: info@downsizingdirect.com

Website: http://www.downsizingdirect.com/

Telephone: 01692 650 816

Trevelyan Court

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/trevelyan-court

Telephone: 0191 211 6263

Address: Trevelyan Court, NE5 4EG

Adult Social CarePoint at Newcastle City Council

Email: ASCP@newcastle.gov.uk

Website: http://www.newcastle.gov.uk/AdultSocialCare

Telephone: 0191 278 7878

Address: Adult Social CarePoint Newcastle City Council, NE4 9LU

Dewley House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/dewley-house

Telephone: 0191 264 5268

Address: Dewley House, NE15 9JJ

Assisi House

Email: admin@anthonycareservices.org.uk

Website: https://anthonycareservices.org.uk/services/#extra-home-care

Telephone: 0191 234 5775

Address: Assisi House, NE6 4UP

Bowmont House

Email: bowmonthouse@comfortcall.co.uk

Website: http://www.comfortcall.co.uk/

Telephone: 0191 238 3854

Address: Bowmont House, NE13 9BL

Kilbourn House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/kilbourn-house

Telephone: 0191 284 6715

Address: Kilbourn House, NE3 3JS

Park View Grange

Email: newcastleecs@comfortcall.co.uk

Website: https://www.anchor.org.uk/our-properties/park-view-grange-rented-housing-extra-care-

newcastle-upon-tyne

Telephone: 0191 271 1500

Address: Park View Grange, NE5 3TD

Pilgrims Court

Website: http://www.mha.org.uk/retirement-apartments/retirement-apartments-24-hour-

care/pilgrims-court/

Telephone: 0191 281 7800

Address: Pilgrims Court, NE2 4RL

Kenton Lodge

Email: info@mccarthyandstone.co.uk

Website: https://www.mccarthyandstone.co.uk/

Telephone: 0800 201 4811

Address: Kenton Road, NE3 4PE

Karbon Homes

Email: info@karbonhomes.co.uk

Website: https://www.karbonhomes.co.uk/

Telephone: 0808 164 0111

Address: Number Five, NE12 8EG

Mascot House

Website: https://www.thirteengroup.co.uk/page/chinese-elders-housing

Telephone: 0808 164 0111

Address: 131 Westgate Road, NE1 4AG

Hodgson House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/hodgson-house

Telephone: 0191 278 8600

Address: Hodgson House, NE4 7AG

Anchor

Website: https://www.anchor.org.uk/

Telephone: 0800 731 2020

Allerdale House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/allerdale-house

Telephone: 0191 277 7118?

Address: Allerdale House, NE5 1DE

Conaty House

Email: admin@anthonycareservices.org.uk

Website: https://anthonycareservices.org.uk/services/#extra-home-care

Telephone: 0191 234 5775

Address: Conaty House, NE6 3BG

Lawson House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/lawson-house

Telephone: 0191 234 5775

Address: Lawson House, NE6 2UY

Independent Age

Email: advice@independentage.org

Website: https://www.independentage.org/

Telephone: 0191 731 4000

Bernicia

Email: contact@bernicia.com

Website: https://www.bernicia.com/

Telephone: 0344 800 3800

Address: Bernicia HQ, NE63 0XF

Methodist Homes Housing Association (MHA)

Website: https://www.mha.org.uk/

Telephone: 01332 296200

Address: MHA, DE1 2EQ

Callerton Court

Website: https://www.anchorhanover.org.uk/our-properties/callerton-court-newcastle-upon-tyne

Telephone: 0191 271 1345

Address: Callerton Court, NE5 4PF

NCC Housing Services @ Kenton

Email: northkenton@newcastle.gov.uk

Website: www.newcasttle.gov.uk/housing

Telephone: 0191 278 7878

Address: Newcastle Council Housing Services, NE3 3QJ

NCC Housing Services @ Outer West

Email: outerwest@newcastle.gov.uk

Website: www.newcastle.gov.uk/housing

Telephone: 0191 278 7878

NCC Housing Services @ East End

Email: eastend@yhn.org.uk

Website: www.newcastle.gov.uk/housing

Telephone: 0191 278 7878

Address: NCC Housing Services East End Community Hub, NE6 1DL

Railway Housing Association

Email: info@railwayha.co.uk

Website: https://www.railwayha.co.uk/

Telephone: 0800 0287428

Address: Railway Housing Association, DL2 2GL

Leazes Homes

Email: info@karbonhomes.co.uk

Website: https://www.leazeshomes.org.uk/

Telephone: 0808 164 0111

Address: Leazes Homes, NE12 8EG

Wansbeck House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/wansbeck-house

Telephone: 0191 267 3840

Address: Wansbeck House, NE15 8ES

Bamburgh House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/bamburgh-house

Telephone: 0191 278 7741

Address: Bamburgh House, NE5 5PZ

Allendale House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/allendale-house

Telephone: 0191 276 0721

Address: Allendale House, NE6 2SU

Monkchester Green

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/monkchester-green

Telephone: 0191 276 7615

Address: Monkchester Green, NE6 2LN

Belvedere House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/belvedere-house

Telephone: 0191 278 7785

Address: Belvedere House, NE6 1XQ

Shield Court

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/shield-court

Telephone: 0191 277 8012

Address: Shield Court, NE2 1XS

Theresa Russell House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/theresa-russell-house

Telephone: 0191 275 9590

Address: Theresa Russell House, NE6 2UE

The Minories

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/minories

Telephone: 0191 212 1598

Address: The Minories, NE2 1EU

Tree Top Village

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/tree-top-village

Telephone: 0191 277 8016

Address: Tree Top Village, NE6 3JW

The Spinney

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/spinney

Telephone: 0191 277 7205

Address: The Spinney, NE7 7HR

Hadrian House

Website: https://beta.newcastle.gov.uk/hadrian-house

Telephone: 0191 267 2637

Address: Hadrian House, NE15 9HX

Conewood House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/conewood-house

Telephone: 0191 278 3023

Address: Conewood House, NE3 2PG

Coniston House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/coniston-house

Telephone: 0191 278 8718

Address: Coniston House, NE5 2FG

Dunira

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/dunira

Telephone: 0191 281 0607

Address: Dunira, NE2 2TA

Leagreen Court Sheltered Housing

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-support-newcastle/leagreen-court

Telephone: 0191 285 8367

Address: Leagreen Court, NE3 3UW

Moor House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/moor-house

Telephone: 0191 273 4790

Address: Moor House, NE4 5ED

Iris Steedman House

Website: https://new.newcastle.gov.uk/housing/council-housing/directory-council-housing-

support-newcastle/iris-steedman-house

Telephone: 0191 272 0213

Address: Iris Steedman House, NE4 5HN

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