

Carers Wellbeing Fund

What is the Carers Wellbeing Fund?

<u>Newcastle Carers</u> manage the Carers Wellbeing fund. If you care for someone who lives in Newcastle upon Tyne, the Carers Wellbeing Fund may be able to provide a small grant to help you as a carer. The fund is intended to support carers in need and to improve their own health and wellbeing.

Who is a carer?

You are a carer if you give unpaid care and support to someone who can't manage without your help. This could be a family member, friend, partner or neighbour. The person you look after may have:

- a disability or learning disability
- a long term or life limiting illness
- mental health difficulties
- alcohol or drug related problems

You may not realise that you are a carer. See **looking after someone** to find local help and support.

Who can apply to the Carers Wellbeing Fund?

The fund is open to all unpaid carers who care for someone who lives in Newcastle upon Tyne. This includes young and adult carers. You can apply every 24 months.

You don't need to be in touch with <u>Adult Social CarePoint at Newcastle City Council</u> or have a <u>Carers Assessment</u> to apply.

What can I apply for?

You can apply for a small grant for something that will improve your health and wellbeing. This could be:

- a holiday or weekend break in the UK
- college course fees, books or equipment

- gym membership, exercise classes, swimming sessions
- driving lessons
- buying items for an activity or hobby such as a tent or a bicycle
- household items such as a washing machine, a cooker or a fridge
- garden maintenance

How do I apply to the Carers Wellbeing Fund?

Contact Newcastle Carers or apply on their website

Where to get benefits advice in Newcastle

You can speak with someone about the benefits you may be entitled to. A local independent advice service can help guide you through the process such as:

Newcastle Welfare Rights Service gives benefits advice and have useful benefits information on their website

Newcastle City Council Housing gives council tenants benefits and debt advice.

<u>Citizens Advice Newcastle (CAN)</u> give free, confidential and independent advice to people who live, work or study in Newcastle.

Search Newcastle gives benefits advice to older people in the West of Newcastle

Read more on where to get benefits advice services in Newcastle

Search for Benefits advice organisations

Location:	1	
Postcode:		
Search		

Financial support for carers

Find out more about other financial support for carers on InformationNOW.

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Useful Organisations

Newcastle Carers

Email: info@newcastlecarers.org.uk

Website: www.newcastlecarers.org.uk

Telephone: 0191 275 5060

Address: 135-139 Shields Road, NE6 1DN

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