

Helping Hands Home Care Newcastle

Helping Hands is a national organisation with a Newcastle and Gateshead base. They support people over:

- 65 years
- 18 years with:
- personal care needs
- dementia

They can support you at home with:

- bathing and dressing
- hair and foot care
- preparing and eating food
- medication and dressings
- hoists
- carrying out everyday tasks independently
- keeping your home safe and clean
- getting around easily
- attending appointments and social activities
- collecting benefits/money
- shopping and housework
- letters and companionship

Last updated: May 16, 2022

Telephone: 0191 283 6970

Website: <https://www.helpinghandshomecare.co.uk/our-locations/newcastle/>

Email: enquiries@helpinghands.co.uk

Twitter: https://twitter.com/Helping_HandsUK

Facebook: <https://www.facebook.com/liveincare/>

Youtube: <https://www.youtube.com/channel/UCQGmjp0gUUbdTdMUQTRRLGg>

Opening Hours: Monday to Friday 8am to 7 am
Weekends 9 am to 5.30 am

Address:

274 Chillingham Road
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