Information NOW
Information for people in Newcastle upon Tyne

Newcastle Treatment and Recovery (NTaR) Drug and Alcohol Service

Newcastle Treatment and Recovery Service (NTaR) is a community drug and alcohol service for anyone in Newcastle experiencing problems with or affected by drugs and alcohol. Support is available for people of all ages and with all substances. This service is for people who:

- worry about their drinking or drug use
- feel their drinking or drug use is out of control
- experience medical or mental health problems because of their drinking or drug use
- think their drinking or drug use could be having negative effects on their family and friends

They offer:

- help to young people and adults
- harm reduction: safer injecting support and needle exchanges
- medical support: this includes prescribing substitute medications and detoxification programmes
- nursing care for addiction
- a dedicated Recovery Coordinator to motivate and support you
- recovery support: ongoing services to help with your next steps into employment, housing and health
- support, however long your recovery journey takes
- activities such as gardening, exercise therapy and peer support

They have a number of sites across the City and sites for needle exchange.

This is ran in partnership with **CNTW NHS Foundation Trust**, Waythrough and **Changing Lives**.

This service is commissioned by Newcastle City Council

Last updated: April 29, 2026

Telephone: 0191 206 1117

Telephone note: open 10am to 4pm

Website: https://www.cntw.nhs.uk/services/drug-alcohol-service-addictions-services-newcastle/

Email: NTARreferrals@cntw.nhs.uk

Opening Hours: Monday to Friday, 9am to 8.30 pm
Saturday and Sunday, 11am to 1.30pm and 2pm to 5pm

Harm Reduction Service
43 Clayton Street
Newcastle Upon Tyne
NE1 5PN
(0191) 246 7430

Opening hours for the Harm Reduction Service
Monday to Friday 9am to 5pm
Harm Reduction Service after 5pm and weekends will be delivered from Plummer Court.

Address:
Plummer Court
Carliol Square
Newcastle Upon Tyne
NE1 6UR

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