

Help with clothing

This article aims to give you information on where you can get support and help to get free, cheap and second hand clothes at an affordable cost.

Clothes and household items

Cornerstone Benwell Shop (preloved clothing and homeware) open Wednesdays and Thursdays. All items are 50p. This shop is outside and doesn't open in bad weather. Check their Facebook page for updates.

Lemington Methodist Church hosts **The Clothes Bar** on Tuesdays 9.30am to 11.30am. You can collect free clothing, shoes and school uniform for children in Lemington 0 to 12 years.

St. Vincent's Centre Newcastle (Blackfriars Centre) run a Clothing Support Service on Thursdays 12pm to 3pm. You can arrange an appointment where a volunteer will support you. You can collect free clothing, household items, toiletries and toys.

Pop-up community market at St. Vincent's Centre Newcastle (Blackfriars Centre), every Thursday 12.30pm to 3.30pm with a warm space with some free or cheap items. Clothes and shoes available from £1. Any 12 grocery items for £5. There's a tombola, hot drinks, soup and snacks.

Families 1st – North Newcastle Food Bank provide affordable second hand items such as clothes, furniture and mother and baby packs to people in need. You can buy at a low cost, collect items for free or donate your unwanted items. This part of their service is called **Preloved CIC**.

Tabitha's Place help people in Benwell and the surrounding areas. They provide free clothing for children aged 0 to 12 years. Open Mondays 11am to 1pm at The Sanctuary at Gateway Church. Hot drinks and cake are available too.

The Thrift Shop offers cheap clothing and other household goods on Thursday, Friday and Saturday 10 am to 2 pm

Embells Community Support offer Gateshead residents cheap clothing on Fridays.

Charity shops including **Oxfam**, **British Heart Foundation**, PDSA in the City Centre and others across the wider area, provide second hand clothing at affordable prices.

The Wardrobe is a second clothing resource for trans, non-binary and genderqueer people. They collect donations of clothing and provide a safe space to try them on. Book an appointment online.

Babies and children

[Grassboots](#) supports children who need it most with new or nearly new footwear. To enable them to participate in grass roots sport, outdoor play, school and other activities.

[Growbaby](#) at [Heaton Baptist Church](#) provide free clothes, toys and equipment for babies and children up to age 5.

Childrens school wear

[Lemington Methodist Church](#) hosts [The Clothes Bar](#) on Tuesdays 9.30am to 11.30am. You can collect free school uniform for children in Lemington 0 to 12 years.

[YMCA Newcastle](#) have a school uniform bank where you can donate uniform. They pass it on to families who need it.

[Uniformerly](#) is online school uniform marketplace, where parents and parent teacher associations can buy, sell, give away and recycle school uniform. It's free to sell your uniform on the site. Helping you to save money and save clothes from going to landfill. You can also use the site to sell uniform that is no longer needed to raise funds for your school.

Interview and work clothes

[Suitability](#) support men looking for work who need clothes for the interview.

[Smart Works](#) supports women who are looking for a job and have an interview. They offer coaching, clothes for the interview and you can keep the outfit if you are successful.

Newcastle City Council's [Crisis Support Scheme](#) can provide help with [interview clothing to people who](#) have experienced crisis or disaster.

Second Hand clothing

Vinted, [Facebook Marketplace](#), [Ebay](#), [Nextdoor](#), [Preloved](#) and [Gumtree](#) sell second hand clothing. [Free cycle](#) and [Freegle](#) offer free clothing to collect or trade. Read more about [shopping online](#) and [staying safe online](#).

Refugees and asylum seekers

[The West End Refugee Service \(WERS\)](#) run a clothing store for asylum seekers and refugees in need.

Modern Slavery

[The Salvation Army's Survivors Support Fund](#) formerly known as the Victim Care Fund, provides a support grant to survivors of modern slavery. It can be used to pay for clothing including school

uniform for children or work clothing and equipment

Grants and support from charities

Charities have some funding available to help people in need to buy essential items.

[Turn2us](#) helps you find funds and grants to apply for when you need money for essential things in life. This could be help to buy: furniture, household items, white goods, equipment to help you live independently, electrical items, studying, bringing up children, experiencing life changing circumstances and more. They have a telephone helpline, benefits calculator and online information.

Where to get benefits advice

You can get benefits advice from a local independent service. They can help guide you through the application process and explain how some benefits may impact upon another. Services in Newcastle include:

- [Citizens Advice Newcastle \(CAN\)](#).
- [Newcastle Welfare Rights Service](#) have [self help material](#) on their website
- [Search Newcastle](#) give benefits advice to older people in the West of Newcastle
- [Disability North](#) give disability related benefit advice, help with appeals and representation at tribunals

Search for Benefits advice organisations

Location:

Postcode:

Last updated: January 24, 2025

Useful Organisations

Cornerstone Benwell

Email: cornerstonebenwell@gmail.com

Website: www.facebook.com/cornerstonebenwell

Telephone: 0191 226 0941

Address: 62 Armstrong Road, NE4 7TU

Kingdom Life Church, Elim Newcastle Heaton

Email: admin@elimnewcastle.org.uk

Telephone: 0191 224 2422

Smart Works North East

Email: newcastle@smartworks.org.uk

Website: www.smartworks.org.uk

Telephone: 0191 6917900

Address: Smart Works North East, NE1 1JW

West End Refugee Service (WERS)

Email: info@wers.org.uk

Website: www.wers.org.uk

Telephone: 0191 273 7482

Address: St Philip's Vicarage, NE4 5JE

Suitability

Email: suitabilityCIC@gmail.com

Website: <http://suit-ability.com>

Telephone: 07731583535

Community School Clothing Scheme

Email: communityschoolcs@gmail.com

Telephone: 07305 963706

Adult Social CarePoint at Newcastle City Council

Email: ASCP@newcastle.gov.uk

Website: <http://www.newcastle.gov.uk/AdultSocialCare>

Telephone: 0191 278 7878

Address: Adult Social CarePoint Newcastle City Council, NE4 9LU

Telephone: 0191 278 7878

Grassboots

Email: grassboots@lifevineyard.church

Website: <https://www.lifevineyard.church/projects>

Telephone: 0191 265 4979

Address: Life Vineyard Church, NE28 7NP

Oxfam

Email: heretohelp@oxfam.org.uk

Website: <https://www.oxfam.org.uk/>

Telephone: 0300 200 1300

Address: Oxfam House, OX4 2JY

Families 1st 4 Additional Needs

Email: support@families1st.uk

Website: <https://www.families1st4additionalneeds.org/>

Telephone: 0191 217 0079

Address: Moirs Of Gosforth, Windsor House, NE13 7BA

The Thrift Shop, Little Sisters of the Poor

Telephone: 07908 182 420

Address: St Joseph's Care Home, NE4 7QA

The NewBridge Project

Email: admin@thenewbridgeproject.com

Website: <https://thenewbridgeproject.com/>

Telephone: 07708 195800

Address: The NewBridge Project, NE2 1AL

YMCA Newcastle

Email: enquiries@ymcanewcastle.com

Website: <https://ymcanewcastle.com/>

Telephone: 0191 275 9855

Address: YMCA, NE6 3AB

Related Articles

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[Food banks and free emergency food in Newcastle](#)

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