

## Feeding Families

Feeding Families supports people in food poverty across the entire North East region by providing 'Emergency Food Boxes' with enough food to support up to 2 people for 3 days .

Feeding Families provide food boxes and work alongside GPs, mental health nurses, schools, family support workers, charities, housing associations, council services and Social Services across the North-East region.

They provide Christmas matched dinners during December. A family can donate the ingredients to a Christmas dinner to another family in need.

Their main base is in Blaydon, with a second base in the Sedgefield Area.

Please note Feeding Families are not a food bank. If you need food help please speak to a professional who can refer you into Feeding Families.

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**Telephone:** 01919087163

**Website:** <https://feedingfamilies.org.uk/>

**Helpline:** 01919087163

**Email:** [info@feedingfamilies.org.uk](mailto:info@feedingfamilies.org.uk)

**Twitter:** <https://twitter.com/feedingfamilie1>

**Facebook:** <https://www.facebook.com/UKfeedingfamilies>

**Youtube:** <https://youtu.be/raTe2FMrGoY>

**Opening Hours:** Monday to Friday from 9am to 5pm at Blaydon, we are available out of hours via social media and messaging services.

**Cost:** Free

**Address:**

Unit 2, Franklin Industrial Estate  
Factory Road

Blaydon  
Feeding Families HQ, Unit 2  
NE21 5TL

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## Related Articles

[Food banks and free emergency food in Newcastle](#)