

Action for Children

Action for Children protects and supports children, young people their families and carers. They provide practical and emotional care and support. This includes parenting, fostering and adoption. They have online resources to help you. They run services in Newcastle which includes:

- [domestic violence counselling and support](#) for young people and children in Benwell
- [family support](#) in Blakelaw
- drop in family advice sessions from [Citizens Advice Newcastle](#) at their centres in Kenton and Benwell

They run free helplines:

- [Parent Talk](#) a parenting helpline where you can talk to a parenting coach about anything that's worrying you
- [Sidekick](#) is an anonymous and confidential text service for young carers aged 13 to 18

They are a campaigning charity. They work to make the voices of children are heard and campaign for lasting improvements to their lives.

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Website: <https://www.actionforchildren.org.uk/>

Twitter: <https://twitter.com/actnforchildren>

Facebook: <https://www.facebook.com/ActionforChildren>

Address:

3 The Boulevard
Ascot Road
Watford
WD18 8AG

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