

Dementia UK

Dementia UK help all people affected by dementia to improve their quality of life. They have mental health nurses specialising in dementia care, called Admiral Nurses who you can speak to on their Helpline and at face to face sessions across the UK.

[You can book a virtual appointment](#) to speak with an Admiral Nurse Monday to Friday 9am to 4pm

[Book a face to face appointment with an Admiral nurse](#) on their website

They have a series of advice videos and sections on guilt, bereavement as well as practical aspects of managing issues such as mouth care and anxiety and depression.

This is a national charity

Last updated: January 27, 2023

Telephone: 0300 365 5500

Telephone note: General Enquiries

Telephone 2: 020 8036 5400

Website: <https://www.dementiauk.org/>

Helpline: 0800 888 6678

Dementia specialists, Admiral Nurses

Email: helpline@dementiauk.org

Website 2: <https://www.dementiauk.org/get-support/closer-to-home/>

Twitter: <https://twitter.com/dementiauk>

Facebook: <https://www.facebook.com/DementiaUK1>

Opening Hours: Monday to Friday: 9am to 9pm

Saturday to Sunday: 9am to 5pm

Open Bank Holidays, except 25th December

Address:

7th Floor

One Aldgate
London
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