

## FoodCycle Benwell

FoodCycle Benwell offers free, nutritious cooked meal on Mondays at 6.30pm. Everyone is welcome, no matter your background or circumstances. No referral needed, just turn up.

Come and enjoy company and conversation with others from your local area over a meal, prepared with care by FoodCycle volunteers.

Last updated: November 10, 2022

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**Telephone:** 07377 866 316

**Website:** <https://www.foodcycle.org.uk/location/newcastle-benwell/>

**Email:** [benwell@foodcycle.org.uk](mailto:benwell@foodcycle.org.uk)

**Opening Hours:** Mondays at 6.30pm for hot meals

**Address:**

Riverside Community Health Project  
Carnegie Building  
Newcastle upon Tyne  
NE4 8XS

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