Cowgate Centre

Cowgate Community Centre is a hub which is run in partnership between Action for Children, Children North East, Healthworks, and Riverside Community Health Project. Each of the partners may operate slightly different opening times, but the centre times are listed below.

Cowgate Family Hub has free groups for primary school children through the day and after school during term time. At these groups we play games, craft and have snacks. Please see our Facebook page for the full timetable.

Children and Families Hubs links with smaller organisations and services across their locality, including the voluntary sector organisations and schools to create a network of buildings in each locality.

Services that will be available from hubs include: health visiting, family support, community midwifery, mental health support, children's therapies, youth provision, training opportunities, childcare and employability services.

Also supported by Doit.life

This is part of **Children & Families Newcastle Early Help at Newcastle City Council.**

> Cowgate community centre is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about **Wellbeing Hubs**

> Wellbeing Hub open Monday to Thursday 8am to 9pm, Friday 8am to 4:30pm

polling station

Last updated: April 24, 2026

Telephone: 0191 2727824

Website: http://www.newcastlecat.org.uk/cowgate/

Email: glenn.pendleton@newcastlecat.org.uk

Twitter: https://twitter.com/NCAT_Community

Facebook: https://www.facebook.com/cafehopecowgate/?locale=en_GB

Opening Hours: Monday to Friday 9 am to 5pm

Address:
Houghton Avenue
Newcastle upon Tyne
NE5 3UT

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