

## **Cowgate Centre**

Cowgate Community Centre is a hub which is run in partnership between <u>Action for Children</u>, <u>Children North East</u>, <u>Healthworks</u>, and <u>Riverside Community Health Project</u>. Each of the partners may operate slightly different opening times, but the centre times are listed below.

Children and Families Hubs links with smaller organisations and services across their locality, including the voluntary sector organisations and schools to create a network of buildings in each locality.

Services that will be available from hubs include: health visiting, family support, community midwifery, mental health support, children's therapies, youth provision, training opportunities, childcare and employability services.

Also supported by Doit.life

The Cowgate Centre is managed by The Newcastle Community Asset Trust (NCAT)

This is part of Children & Families Newcastle Early Help at Newcastle City Council.

Cowgate community centre is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about **Wellbeing Hubs** 

Wellbeing Hub open Monday to Thursday 8am to 9pm, Friday 8am to 4:30pm

Last updated: April 10, 2025

**Telephone:** 07804 828355

**Website:** http://www.newcastlecat.org.uk/cowgate/

Email: glenn.pendleton@newcastlecat.org.uk

Twitter: https://twitter.com/NCAT\_Community

Facebook: https://www.facebook.com/NewcastleCommunityAssestTrust

Opening Hours: Monday to Friday 9 am to 5pm

Address:

Houghton Avenue Newcastle upon Tyne NE5 3UT

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