

Tell MAMA (Measuring Anti-Muslim Attacks)

TELL MAMA (Measuring Anti-Muslim Attacks) supports victims of anti-Muslim hate. You can report an incident by telephone, email, SMS, Facebook or Twitter. It's a public service which also measures and monitors anti-Muslim incidents. It's not a replacement for the Police Service. In an emergency, [call 999](#).

An anti-Muslim incident (or hate crime) is any malicious act aimed at Muslims (or people believed to be Muslim), their property or Islamic organisations. This includes: harassment or online abuse, being targeted on public transport, threat of/or physical attacks, damage caused to property, discrimination at school, work or university, hate mail or email.

You can discuss the hate incident with a trained caseworker who can help you report it. They can refer you for support to partner agencies if you have been a victim of an Anti-Muslim incident.

They are working to tackle prejudice, intolerance and bigotry.

Last updated: October 13, 2021

Telephone: 0800 456 1226

Telephone note: Freephone

Website: <https://tellmamauk.org/>

Email: info@tellmamauk.org

Twitter: <https://twitter.com/TellMamaUK>

Facebook: <https://www.facebook.com/TellMamaUK>

Cost: Free

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