

Disability North

Disability North provides independent information and advice for disabled people, their families, friends and carers. They can support you:

- to find and buy equipment that can make life easier
- when preparing to leave hospital
- with direct payment support to manage your personal budget
- with disability related benefit advice: they can help you to apply for benefits, make an appeal if needed and represent you at tribunals
- to recruit and employ Personal Assistants and other care roles. They offer a full payroll service
- with community care advice
- to buy a radar key for accessible toilets

At their Dene Centre in Gosforth you can visit to see their:

- **equipment showroom and demonstration area:** You can try out a range of accessible items for kitchen, bathroom and shower.
- **The LiveEasy Shop** to see and buy stairlifts, walkers, risers, wheelchairs, shoes and more.
- **accessible gym facility.** Ability North Project which is a 3 week health and fitness programme for disabled people.
- **community activities and groups** such as [Age UK Gateshead](#), and [A Time 2 Talk](#)

Organisations can get help to:

- **check the accessibility of your venue:** They can create a personalised report with recommendations of ways you can make your venue more accessible and inclusive. Speak to them about their Disability Access Audits and Consultancy Service.
- **train staff and volunteers in disability inclusion:** They can design and deliver personalised workshops and training for your organisation

This is a designated [Safe Reporting Centre](#) where people can report [hate crime](#) or hate incidents without having to contact the Police directly.

They also have rooms for up to 12 people available to hire. Video equipment and teas/coffees are available. The building and toilets are wheelchair accessible, additional disability aids are available on request.

Disability North is a Wellbeing Hub. They're a warm welcoming place to spend time in Newcastle. They offer a range of support such as hot drinks, free Wi-Fi, place to charge your devices, information, advice and more. Read more about [Wellbeing Hubs](#)

Wellbeing Hub is open Monday to Friday 9am to 4:30pm

Disability North is commissioned by Newcastle City Council to provide the [Direct Payment](#) Support Service. They provide independent information, advice and practical help for Adults, children or carers to choose and manage direct payments.

Last updated: October 7, 2025

Telephone: 0191 2840480

Website: www.disabilitynorth.org.uk

Fax: 0191 213 0910

Email: reception@disabilitynorth.org.uk

Twitter: <https://twitter.com/DisabilityNorth>

Facebook: <https://www.facebook.com/disabilitynorthDN>

Opening Hours: Monday to Friday 9am to 4.30pm

Cost: There may be a cost to this service/support

Address:

The Dene Centre
Castle Farm Road
Gosforth
Newcastle Upon Tyne
NE3 1PH

Related Articles

[Home adaptations, equipment and aids](#)

[Direct Payments from Adult Social Care](#)

[Personal budgets for care and support](#)

[How to pay for adaptations to your home](#)

[Disability Living Allowance \(DLA\)](#)

[Attendance Allowance](#)

[Employment and Support Allowance \(ESA\)](#)

[How to challenge a benefit decision](#)

[Personal Independence Payment \(PIP\)](#)

[Industrial Injuries Disablement Benefit](#)

[Making your home safer](#)

[Financial Assessments with Adult Social Care](#)

[Looking after someone](#)

[Home care](#)

[Taking a short break or holiday](#)

[Accessible and public toilets](#)

[Leaving hospital](#)

[Useful information when leaving hospital](#)

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[Hate crime](#)

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[Useful equipment to help you manage at home](#)

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[Services commissioned by Newcastle City Council](#)

[Accessible information](#)

[Wellbeing Hubs](#)