Scope

Scope provide information and support to disabled people, families and carers. They have a free disability telephone helpline. They can answer questions and talk you through a wide range of topics connected with disability, such as:

- benefits
- finance
- social care
- work
- equipment and assistive technology
- housing and home adaptations
- employability support
- family support
- help with energy advice
- interpreters are available

They can help you to get involved and be active in your community with their:

- **online community** to speak to others about your experience
- **Research panel** where you can share your lived experience to help improve: policy, campaigns, and accessibility
- **Community Engagement:** get involved in improving your local community
- **Youth Community Collective:** young people can get involved in improving your local community

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Website: https://www.scope.org.uk/

Helpline: 0808 800 3333

Free disability helpline Open Monday to Friday 9am to 6pm. Saturday to Sunday 10am to 6pm.
Email: helpline@scope.org.uk

Twitter: https://twitter.com/scope

Facebook: https://www.facebook.com/Scope/

Youtube: https://www.youtube.com/user/scopestories

Cost: Free

Address:
Here East Press Centre
14 East Bay Lane
London
E15 2GW

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