

## Ostara

Ostara provides a 24 hour response and support service so you can live safely and independently in your own home. The system alerts staff so that they can contact you and arrange urgent or emergency help if necessary. Ostara provides alarm equipment such as:

- pendant alarms
- fall detectors
- door sensors
- pill reminders
- If you don't have a telephone line, they can link your service to a SIM card

Please note their website is currently being redeveloped. Contact Ostara for more information.

Ostara is part of [Adult Social Care and Prevention at Newcastle City Council](#). It is accredited by the Telecare Services Association as the Community Care Alarm Service.



Last updated: March 12, 2026

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**Telephone:** 0191 278 7878

**Telephone note:** ask for Ostara

**Website:** <https://ostara.newcastle.gov.uk/ostara-help-touch-button>

**Email:** [ostara@newcastle.gov.uk](mailto:ostara@newcastle.gov.uk)

**Cost:** There may be a cost to this service/support

**Address:**

Ostara  
Benton House  
Benton Park Road  
Newcastle upon Tyne  
NE7 7LX

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## Related Articles

[Telecare, telehealth and personal alarm systems](#)

[Making your home safer](#)

[Home adaptations, equipment and aids](#)

[Useful equipment to help you manage at home](#)