Ostara

Ostara provides a 24 hour response and support service so you can live safely and independently in your own home. The system alerts staff so that they can contact you and arrange urgent or emergency help if necessary. Ostara provides alarm equipment such as:

- pendant alarms
- fall detectors
- door sensors
- pill reminders
- If you don't have a telephone line, they can link your service to a SIM card

Please note their website is currently being redeveloped. Contact Ostara for more information.

> Ostara is part of Adult Social Care and Prevention at Newcastle City Council. It is accredited by the Telecare Services Association as the Community Care Alarm Service.

Last updated: March 12, 2026

Telephone: 0191 278 7878

Telephone note: ask for Ostara

Website: https://ostara.newcastle.gov.uk/ostara-help-touch-button

Email: ostara@newcastle.gov.uk

Cost: There may be a cost to this service/support

Address:
Ostara
Benton House
Benton Park Road
Newcastle upon Tyne
NE7 7LX

Related Articles

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Making your home safer

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