

Reablement at Newcastle City Council

Reablement is a personalised, short term service which helps you to recover and live independently at home. You may receive reablement following a:

- change in your needs
- loss of confidence

They also arrange the Home First service for people who need extra support to get home and live independently, after a stay in hospital. A team of social care experts can support you to recover at home.

You need to be referred by a professional to use this service. For more information speak to [Adult Social CarePoint at Newcastle City Council](#).

Last updated: December 6, 2024

Telephone: 0191 278 8377

Telephone note: Adult Social CarePoint

Telephone 2: 0191 278 2898

Telephone 2 note: Ask switchboard for Reablement

Website: <https://new.newcastle.gov.uk/adult-social-care/rehabilitation-reablement-recovery/reablement-services-home>

Email: careathome@newcastle.gov.uk

Address:

Reablement Service
2nd Floor Westgate College
West Road
Newcastle upon Tyne
NE4 9LU

Related Articles

[Reablement care and support](#)

Leaving hospital