

Daisy Chain Project

Daisy Chain Project provide specialist advice and guidance to neurodiverse young people, adults and their families, no matter what stage of the journey they're on. They offer virtual support and have a National Autism telephone helpline. They also offer:

- personalised family support
- bespoke visual resources
- signposting to other services
- a day centre and activities in Stockton-on- Tees
- Weekly drop-ins at venues across Newcastle (please see their website for times and locations)

This is a support service which does not cover mental health. They cannot provide crisis support or support with complex mental health issues.

Last updated: September 12, 2025

Telephone: 01642 531248

Telephone note: Day Centre

Website: <https://www.daisychainproject.co.uk/national-autism-support-helpline/>

Helpline: 0800 031 5445

Free and confidential national helpline

Email: adult.support@daisychainproject.co.uk

Twitter: https://twitter.com/the_dc_project

Facebook: <https://en-gb.facebook.com/daisychainproject>

Youtube: <https://www.youtube.com/channel/UCLjkO-C0rPASyErt-w2oK8w>

Opening Hours: Monday to Friday 9am to 5pm

Address:

Daisy Chain Project
Calf Fallow Farm
Calf Fallow Lane

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[Autism and local support services](#)