

Forward with Dementia

Forward with Dementia is a guide to living with Dementia. It was created by and for people living with dementia, carers and health care professionals. They set out to provide guidance, information and highlight available support after a diagnosis of dementia. You can create your own dementia toolkit.

Their research and evidence based approach is funded by the Alzheimer's Society and collaborators from Newcastle and London Universities. However, it is an international research partnership across five countries: Australia, Canada, Netherlands, Poland and the UK who share a common goal.

On this website, people with dementia have shared their good and bad experiences, so you can learn from them and find useful strategies. This, combined with evidence based research, will help you choose your own path forward with dementia.

The team welcome feedback on how the website helps you or any challenges you find as you use it.

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