Information NOW
Information for people in Newcastle upon Tyne

Healthier Together

Healthier Together is an NHS website to find accurate and trusted NHS healthcare advice across North East and North Cumbria (NENC). All the information has been checked by clinicians, to offer the best advice for parents, carers, young people and health professionals.

You can find everything from pregnancy tips and advice on poorly babies to ‘should my child go to school today?’ or emotional wellbeing for young people, and they regularly add new topics.

You can download the Healthier Together app, search for ‘*healthier together’* in your usual app store

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Website: https://www.nenc-healthiertogether.nhs.uk/

Website 2: https://what0-18.nhs.uk/

Cost: Free

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Children, young people and families information