

Family Partner Team at Newcastle City Council

The Family Partner Team at Newcastle City Council help people having problems in their relationships. Arguments between couples are a normal part of any relationship. If you are arguing regularly and it's not resolved it can lead to a breakdown in communication. This can have a cause problems in your relationship and your children's wellbeing. Support is available.

They can talk to you to find out what kind of support you need and help you to get free specialist support.

Parents with children aged 4 to 12 years can get help to improve their communication and problem-solving skills, anger and depression management, and ways to give and get support.

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Website: <https://www.newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/children-families-newcastle>

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