

Royal British Legion

The Royal British Legion helps people who've served in the Armed Forces: Royal Navy, British Army, Royal Air Force, veterans and their families with:

- information and advice
- financial and employment support
- independent living support: you can buy equipment to help you stay mobile and active at home
- mental health crisis support and recovery centres
- Invictus games
- Remembrance Day
- Carers network
- Local branches

Last updated: November 25, 2022

Website: <https://www.britishlegion.org.uk/>

Helpline: 0808 802 8080

8am to 8pm, 7 days a week

Twitter: <https://twitter.com/PoppyLegion>

Facebook: <https://www.facebook.com/OfficialPoppyLegion>

Youtube: <https://www.youtube.com/user/royalbritishlegion>

Opening Hours: Online chat and helpline open 8am to 8pm, 7 days a week

Address:

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