

## Shingles Support Society

The Shingles Support Society gives information on shingles and post-herpetic neuralgia (PHN for short), what they are and how to treat them.

They have a confidential helpline and information packs available to buy for people with visual impairments.

Last updated: August 11, 2023

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**Telephone:** 020 7607 9661

**Telephone note:** Monday to Friday, 12pm to 8 pm

**Website:** <https://shinglessupport.org.uk/>

**Helpline:** 0845 123 2305

*Confidential helpline open 9am to 9pm*

**Address:**

c/o HVA  
41 North Road  
London  
N7 9DP

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